

# Workplace Psychology and Well-being

## 職場心理學及健康

### Certificate for Module (Employee Engagement and Communication Skills)

Programme Code: MS144A

S

Application Code: 2155-MS144A

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The values of today's generation are very different from earlier generations and monetary rewards are no longer the sole reward they are looking for in a job. Today's generation need to feel engaged in what they do. Engaged employees tend to have more passion in their work and require less supervision from their managers. But what are the factors that drive employee engagement?

This programme aims to equip students with the principles of employee engagement and the development of different employee engagement approaches and systems. It discusses the importance of communication styles and provides real-life examples and practices for students to frame their communications in ways that bring results. Topics such as 'identifying the objective of your message', 'reviewing how your message will be perceived by the recipient' and 'ways to overcome communication challenges at work' will be covered.

- R** Applicants shall:
- (a) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language and Mathematics;
  - OR
  - (b) (i) have gained in HKCEE Grade E in 4 subjects (including Mathematics) and Level 2 in English Language\*, OR equivalent; AND
  - (ii) one A-level pass or two AS-level passes in any subject or other equivalent post-secondary qualifications; OR
  - (c) hold a HKQF level 3 or equivalent Certificate in human resource management, business or related discipline.

Applicants who are aged 21 and above with relevant work experience will be considered on individual merit.

HK\$4,600

Application Fee: HK\$150

11 weeks

English

Level 4 (Reg. No.: 21/000191/L4) Validity Period: 01 May 2021 - on-going

### Certificate for Module (The Psychology of Motivation, Leadership and Employee Well-being)

Programme Code: MS143A

S

Application Code: 2075-MS143A

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The success of an organisation depends highly on the performance of its employees. Good performing employees are often motivated employees. This programme will discuss how organisation can motivate their employees and the role of leadership.

This programme aims to equip students with practical knowledge of work motivation and leadership, both classical and modern approaches. The importance of attitudes, emotions, stress and worker well-being in motivating employees is discussed and real cases reviewed to enhance student application of the concepts in their work. The role of leadership and the different approaches of leadership in motivating employees is also examined in the programme.

- R** Applicants shall:
- (a) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language and Mathematics;
  - OR
  - (b) (i) have gained in HKCEE Grade E in 4 subjects (including Mathematics) and Level 2 in English Language\*, OR equivalent; AND
  - (ii) one A-level pass or two AS-level passes in any subject or other equivalent post-secondary qualifications;
  - OR
  - (c) hold a HKQF level 3 or equivalent Certificate in human resource management, business or related discipline.

Applicants who are aged 21 and above with relevant work experience will be considered on individual merit.

HK\$4,600

Application Fee: HK\$150

11 weeks

English

Level 4 (Reg. No.: 21/000197/L4) Validity Period: 01 May 2021 - on-going

### Certificate for Module (The Psychology of People, Work and the Organisation)

Programme Code: MS142A

S

Application Code: 2055-MS142A

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The success of an organisation is highly dependent on its people. Yet there is no "one-size fit all" strategy for managing people. This is because each person is an individual, with a distinctive personality that influences the way one thinks and acts. This programme aims to equip students with the fundamentals of an individual's psychology (personality, learning, perception & memory) and examines why behaviours often change in group settings. It also discusses factors that may affect an organisation – power, politics, ethics, conflicts and organisational culture, as well as the psychological impact of change on employees and the importance of managing such change in an organisation.

- R** Applicants shall:
- (a) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language and Mathematics;
  - OR
  - (b) (i) have gained in HKCEE Grade E in 4 subjects (including Mathematics) and Level 2 in English Language\*, OR equivalent; AND
  - (ii) one A-level pass or two AS-level passes in any subject or other equivalent post-secondary qualifications;
  - OR
  - (c) hold a HKQF level 3 or equivalent Certificate in human resource management, business or related discipline.

Applicants who are aged 21 and above with relevant work experience will be considered on individual merit.

HK\$4,600

Application Fee: HK\$150

11 weeks

English

Level 4 (Reg. No.: 21/000198/L4) Validity Period: 01 May 2021 - on-going

### Postgraduate Diploma in Human Resource Management and Business Psychology

Programme Code: MS110A

Application Code: 2045-MS110A

CEF 6 Modules

2975 5690

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For Details, please refer to p.106

### Advanced Diploma in Human Resource Management and Workplace Psychology

Programme Code: HR127A

Application Code: 2035-HR127A

CEF 4 Modules

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For Details, please refer to p.107

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**R** Minimum Entry Requirements 基本入學要求 (P.015)

**S** Fee 學費

**D** Duration 修業期

**E** Medium of Instruction 教學語言

**Q** Qualifications Framework 資歷架構

**E** Exemption 豁免

**S** Short Course 短期課程

For more and latest programme information, please visit our website 有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)