Progression route towards MSc in Dietetics/ MSc in Human Nutrition/ PgDip in Dietetics/ PgDip in Human Nutrition

BSc Degree Holders in Food and Nutrition or equivalent

Degree holders in Life Sciences

Bridging courses at HKU SPACE

Postgraduate Diploma in Human Nutrition

Teaching Block I (1 year, part-time),
(Semester I and Semester II – 7 modules)

OR

Postgraduate Diploma in Dietetics

Teaching Block II
(2 months, part-time and 8 months, full-time)
Dietetics Practice Based Learning

OR

Master Research Project
1 year, part-time

EXIT

OR

Postgraduate Diploma in Human Nutrition

EXIT

Master of Science in Human Nutrition

EXIT

Postgraduate Diploma in Dietetics

EXIT

Master of Science in Dietetics

EXIT

* For students who are successfully selected for progression to PgDip in Dietetics
1. For BSc degree holders in related science field, completion of bridging courses may be required.
2. Selection will be based on academic excellence and an interview.
3. Depending on the availability of clinical placements, students may be required to defer entry into Dietetics Practice Based Learning.
4. Holders of the PgDip in Dietetics fulfill the criteria for employment as dietitians by the Hospital Authority, HK.

Graduates are eligible to apply for registration as dietitians with the Health and Care Professions Council (HCPC), UK.

These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.
Progression route towards MSc in Sport and Exercise Nutrition in collaboration with Ulster University, U.K.

Degree holders in a related discipline such as in Biochemistry, Food and Nutrition, Physiology, Sport and Exercise Science

Higher Diploma holders in Food & Nutritional Sciences or related areas

Degree holders in Biological Related Sciences OR Associate Degree holders in Biological Related Sciences

*Degree holders in other disciplines

*Completed HKCEE with at least 5 years’ work experience / DSE with at least 4 years work experience

*Bridging courses at HKU SPACE as required

Entry to
BSc (Hons) Food and Nutrition Extension Programme
(2 years, Part-time or 18 months, Full-time) at HKU SPACE

Entry to
Master of Science in Sport and Exercise Nutrition [MCR] (2 years, Part-time)

* 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent.

* “Bridging courses” to be advised by programme team, based on the applicant’s academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

* Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.
Progression route towards BSc (Hons) Food and Nutrition extension programme in collaboration with Ulster University, UK

<table>
<thead>
<tr>
<th>Higher Diploma holders in Food &amp; Nutritional Sciences</th>
<th>Degree holders in Biological Related Sciences OR Associate Degree holders in Biological Related Sciences</th>
<th>*Degree holders in other disciplines</th>
<th>*Completed HKCEE with at least 5 years’ work experience/DSE with at least 4 years work experience</th>
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<td>*Bridging courses at HKU SPACE as required</td>
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<td>Advanced Certificate in Nutrition</td>
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<td>Advanced Certificate in Food Science</td>
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<td>Advanced Certificate in Human Biochemistry and Physiology</td>
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<tr>
<td><strong>BSc (Hons) Food and Nutrition Extension Programme</strong></td>
<td>2 years, Part-time in 2 years, or 18-months, Full-time at HKU SPACE</td>
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* 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent.

* "Bridging courses" to be advised by programme team, based on the applicant’s academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

* Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.
Dietetics, Food & Nutrition
食品及營養學

**Master of Science in Dietetics**
Programme Code: HS017A

Application code: HS017

In association with the Ulster University, U.K., HKU SPACE offers the Master of Science (MSc) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school’s mission in delivering flexible programmes which meet the needs of potential students and the community.

After successful completion of the PgD Dietetics, students may undertake the MSc Dietetics research project leading to the award of MSc in Dietetics.

Holders of the MSc in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates are eligible to apply for registration as a dietitian with the Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

For course details, please refer to the common information below.

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**Postgraduate Diploma in Dietetics**
Programme Code: HS017A

Application code: HS017

In association with the Ulster University, U.K., HKU SPACE offers the Postgraduate Diploma (PgD) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school’s mission in delivering flexible programmes which meet the needs of potential students and the community.

Holders of the PgD in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates are eligible to apply for registration as a dietitian with the Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

For course details, please refer to the common information below.

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**Master of Science in Human Nutrition**
Programme Code: HS016A

Application code: HS016

In association with the Ulster University, U.K., HKU SPACE offers a programme leading to the award of Master of Science (MSc) in Human Nutrition. The MSc in Human Nutrition programme is offered on a part-time basis which falls in line with the school’s mission in delivering flexible programmes which meet the needs of potential students and the community.

After successful completion of the PgD in Human Nutrition, students may undertake the MSc nutrition research project leading to the award of MSc in Human Nutrition.

Reference no. of exempted under NLHPE: 450320

For course details, please refer to the common information below.

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**Postgraduate Diploma in Human Nutrition**
Programme Code: HS018A

Application code: HS018

In association with the Ulster University, U.K., HKU SPACE offers a programme leading to the award of Postgraduate Diploma (PgD) in Human Nutrition. The PgD in Human Nutrition programme is offered on a part-time basis which falls in line with the school’s mission in delivering flexible programmes which meet the needs of potential students and the community.

Reference no. of exempted under NLHPE: 450320

This programme is designed for graduates who wish to pursue a career in human nutrition. The PgD in Human Nutrition comprises seven taught modules. Assessments of the taught modules include written assignments, practical reports, seminar presentations, and sessional examinations.

For course details, please refer to the common information below.

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**Minimum Entry Requirements**

1. (i) hold a degree with at least 2ii Honours standard in food and nutrition or equivalent; AND
2. provide evidence of English proficiency, such as
   (i) HKDSE English Language 3 or above;
   (ii) HKALE Grade D or above; or
   (iii) demonstrate their ability to undertake the course through the accreditation of prior learning.

AND

1. hold a degree with at least 2ii Honours in life sciences and completion of specified HKU SPACE Advanced Certificate courses in food and nutrition as required; OR
2. provide evidence of English proficiency, such as
   (i) HKDSE English Language 3 or above; or
   (ii) HKALE Grade D or above; or
   (iii) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening, and speaking or equivalent.

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**Fee**

- HK$37,620

**Duration**

- 2 years

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**Application Code**

- HS130

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**Application Code**

- HS017

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**Application Code**

- HS016

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**Application Code**

- HS018

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**Qualifications Framework**

See legend on page 1 & 9

For more and latest programme information, please visit our website hkuspace.hku.hk

More details
Master of Science in Sport and Exercise Nutrition
Programme Code: HS174A

Ulster University, UK
Application Code: HS174A

The programme aims to provide students with appropriate academic training in sport and exercise nutrition and to allow graduates with further mentored work experience in sport and exercise nutrition, to pursue registration as a sports and exercise nutritionist (SENr) in the UK. Building upon the students’ existing knowledge gained within relevant biosciences, the overall aim of the programme is to provide an academically challenging, professionally relevant and focused programme of study for those who wish to pursue careers in sport and performance nutrition or undertake research in this area. The programme will equip students with opportunities for critical reflection and evaluation of current practice, enabling lifelong learning and fostering continuing professional development.

Applicants must:-
1. (i) hold a degree with at least 2i Honours in a related discipline such as in Biochemistry, Dietetics, Food and Nutrition, Human Nutrition, Physiology, Sport and Exercise Science, Sports Science or other relevant degree discipline OR
(ii) demonstrate their ability to undertake the course through the accreditation of prior learning.

AND
2. provide evidence of English proficiency, such as:
   (i) HKDSE English Language 3 or above; OR
   (ii) HKALE Grade D or above; OR
   (iii) HKCEE English Language (Syllabus B) C or above; OR
   (iv) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening and speaking or equivalent.

S\ HK$180,000 (to be paid in 2 instalments)
D 2 years
Application Fee: HK$300

Bachelor of Science (Honours) Food and Nutrition
Programme Code: HS014A

Ulster University, UK
Application Code: 1950-HS014A

This programme offers the opportunity for sub-degree graduates or equivalent to pursue a BSc (Honours) degree in Food and Nutrition and develop a career in the food and nutritional science area. The Programme is offered on a part-time (24-month, details see below) and a full-time (18-month, details in the section “International College”) basis.

Applicants shall:
(a) (i) hold a Higher Diploma in Nutrition and Food Management or equivalent; OR
(ii) have successfully completed all the required HKU SPACE programmes namely:
   - Advanced Certificate in Nutrition and
   - ANY TWO of “Advanced Certificate in Child and Adolescent Nutrition Or Advanced Certificate in Clinical Nutrition and Health Promotion Or Advanced Certificate in Sport and Exercise Nutrition” and
   - Advanced Certificate in Food Service Management and
   - Advanced Certificate in Quality Control and Food Safety Management and
   - Advanced Certificate in Food Science and
   - Advanced Certificate in Human Biochemistry and Physiology; OR

   (ii) provide evidence of their ability to undertake the programme through the accreditation of prior certificated and experiential learning.

AND
(iii) provide evidence of English proficiency, such as:
   (i) HKCEE English Language (Syllabus B) at Grade E or level 2; OR HKDSE Examination Level 2 in English; OR
   (ii) an overall band of 6 with subtest of 6.0 in the IELTS or equivalent.

Based on the applicants’ academic background, applicants maybe required to study bridging courses at HKU SPACE.

S\ HK$120,000 (to be paid in 3 instalments)
D 2 years
Application Fee: HK$150

Dietetics, Food & Nutrition
食品及營養學

Advanced Certificate in Community Nutrition
Programme Code: HS009A

Application Code: 1955-HS009A

This programme aims to equip dietitians and nutritionists with the knowledge of the community nutrition services in Hong Kong. The processes involved in the development and evaluation of new community nutrition services will also be covered. In addition, the programme offers a supervised practicum which provides practical experience for students.

Applicants shall:
(a) (i) hold a bachelor’s degree in nutrition awarded by a recognised university; OR
(ii) hold a recognised professional qualification in dietetics;

AND
(b) provide evidence of English proficiency (if the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English) such as:
   (i) an overall band of 6.0 with no subtests lower than 5.5 in the IELTS;
   (ii) a score of 550 in the paper-based TOEFL, or a score of 213 in the computer-based TOEFL, or a score of 80 in the internet-based TOEFL;
   (iii) HKALE Use of English at Grade E;
   (iv) equivalent qualifications.

AND
(c) be able to speak and read Chinese effectively. In each case the candidate shall satisfy the Admissions Committee that he/she is unlikely to be disadvantaged in his/her studies by language.

Applicants may be required to attend an interview as appropriate.

S\ HK$17,500
D 4 months
Application Fee: HK$150

Advanced Diploma in Nutrition
This Advanced Diploma consists of an Advanced Certificate in Nutrition and an Advanced Certificate in Clinical Nutrition and Health Promotion.

Application Code: 1935-HS001A

Advanced Certificate in Nutrition
Programme Code: HS001A

This Advanced Diploma consists of an Advanced Certificate in Nutrition and an Advanced Certificate in Clinical Nutrition and Health Promotion.

Application Code: 1935-HS001A
Dietetics, Food & Nutrition
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This programme is designed to provide students with the knowledge of basic nutrition principles and their applications. The impact of food-borne microorganisms in relation to health and disease will also be discussed.

Applicants shall:
I. (a) hold a bachelor’s degree awarded by a recognised university; OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
(c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years work experience; OR
(d) hold an HKDSE level 2 in 4 subjects with at least 4 years work experience. AND
II. provide evidence of English proficiency, such as:
(a) HKCEE English Language (Syllabus B) at Grade E or level 2; or
(b) HKDSE examination English Language at level 2
Mature students with at least 5 years work experience will be considered on an individual basis.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition (HS004A) and Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/ SC399A) prior to the commencement of Advanced Certificate in Nutrition (HS001A).

Application Code: 1895-HS001A

For course details, please refer to the common information on next page.

Advanced Certificate in Nutrition
Programme Code: HS001A

This programme is designed to provide students with the knowledge of basic nutrition principles and their applications. The impact of food-borne microorganisms in relation to health and disease will also be discussed.

Applicants shall:
I. (a) hold a bachelor’s degree awarded by a recognised university OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience OR
(c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years work experience OR
(d) hold an HKDSE level 2 in 4 subjects with at least 4 years work experience. AND
II. provide evidence of English proficiency, such as:
(a) HKCEE English Language (Syllabus B) at Grade E or level 2; or
(b) HKDSE examination English Language at level 2
Mature students with at least 5 years work experience will be considered on an individual basis.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition (HS004A) and Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/ SC399A) prior to the commencement of Advanced Certificate in Nutrition (HS001A).

Application Code: 1935-HS004A

For course details, please refer to the common information on next page.

Advanced Certificate in Clinical Nutrition and Health Promotion
Programme Code: HS002A

This programme aims to provide students with the knowledge in the areas of clinical nutrition and health promotion. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also provides continuing professional development for professionals such as nurses, teachers, health professionals and those working in the nutrition and food industry.

Applicants shall:
I. (a) hold a bachelor’s degree awarded by a recognised university; OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
(c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE.
AND
II. provide evidence of English proficiency, such as:
(a) HKCEE English Language (Syllabus B) at Grade E or level 2; or
(b) HKDSE examination English Language at level 2.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to commencing the Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A) and Advanced Certificate in Child and Adolescent Nutrition (HS004A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/SC399A) prior to commencing the Advanced Certificate in Nutrition (HS001A).

Application Code: 1965-HS004A

For course details, please refer to the common information on next page.

Advanced Diploma in Child and Adolescent Nutrition
Programme Code: HS001A

This Advanced Diploma consists of an Advanced Certificate in Nutrition and an Advanced Certificate in Child and Adolescent Nutrition.

Application Code: 1935-HS001A

For course details, please refer to the common information on next page.

Advanced Certificate in Child and Adolescent Nutrition
Programme Code: HS004A

This programme aims to provide students with the knowledge in childhood and adolescent nutrition. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also serves as a continuing professional development for those who are working with or plan to work with children and adolescents such as nurses, teachers, health professionals, school lunch providers.

Applicants shall:
I. (a) hold a bachelor’s degree awarded by a recognised university; OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
(c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE.
AND
II. provide evidence of English proficiency, such as:
(a) HKCEE English Language (Syllabus B) at Grade E or level 2; or
(b) HKDSE examination English Language at level 2.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/SC399A) prior to commencing the Advanced Certificate in Nutrition/ Clinical Nutrition and Health Promotion/ Child and Adolescent Nutrition.
The programme aims to provide students with the knowledge of food safety, food hygiene management as well as principles and regulations for quality assurance. This certificate has been recognised by Food and Environmental Hygiene Department as equivalent to Hygiene Managers training course.

Advanced Certificate in Food Safety Management
Programme Code: HS126A
Application Code: 1980-HS126A

Applicants shall:
I. i) a) hold a bachelor’s degree awarded by a recognized university; or
b) hold a diploma awarded by a recognized institution with at least 2 years related work experience e.g. food and catering industry; or
c) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
d) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience, and
ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;
AND
II. provide evidence of English proficiency, such as
i) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (9 or after 2007) at Level 2; or
ii) HKDSE Examination English Language at Level 2;
AND
III. i) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; or
ii) have a pass in the HKCEE Chemistry and Biology; or
iii) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

HK$16,900
Application Fee: HK$150
5 months

Dietetics, Food & Nutrition
食品及營養學

The programme aims to provide students with the knowledge of food safety, food hygiene management as well as principles and regulations for quality assurance. This certificate has been recognised by Food and Environmental Hygiene Department as equivalent to Hygiene Managers training course.

Advanced Certificate in Food Safety Management
Programme Code: HS126A
Application Code: 1980-HS126A

Applicants shall:
I. i) a) hold a bachelor’s degree awarded by a recognized university; or
b) hold a diploma awarded by a recognized institution with at least 2 years related work experience e.g. food and catering industry; or
c) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
d) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience, and
ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;
AND
II. provide evidence of English proficiency, such as
i) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (9 or after 2007) at Level 2; or
ii) HKDSE Examination English Language at Level 2;
AND
III. i) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; or
ii) have a pass in the HKCEE Chemistry and Biology; or
iii) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

HK$16,900
Application Fee: HK$150
5 months

This programme is designed to provide students with the knowledge of food science, including chemical and analytical aspects of food components, relation of microorganisms and food as well as principles of food processing and preservation techniques.

Advanced Certificate in Food Science
Programme Code: HS126A
Application Code: 1980-HS126A
2520 4613
carmen.wong@hkuspace.hku.hk

This programme is designed to provide students with the knowledge of food science, including chemical and analytical aspects of food components, relation of microorganisms and food as well as principles of food processing and preservation techniques.

Applicants shall:
I. i) a) hold a bachelor’s degree awarded by a recognized university; or
b) hold a diploma awarded by a recognized institution with at least 2 years related work experience e.g. food and catering industry; or
c) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
d) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience, and
ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;
AND
II. provide evidence of English proficiency, such as
i) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (9 or after 2007) at Level 2; or
ii) HKDSE Examination English Language at Level 2;
AND
III. i) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; or
ii) have a pass in the HKCEE Chemistry and Biology; or
iii) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

HK$16,900
Application Fee: HK$150
5 months

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.

Advanced Certificate in Sport and Exercise Nutrition
Programme Code: HS020B
Application Code: 1935-HS020
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.

Advanced Certificate in Sport and Exercise Nutrition
Programme Code: HS020B
Application Code: 1935-HS020
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.

Advanced Certificate in Sport and Exercise Nutrition
Programme Code: HS020B
Application Code: 1935-HS020
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.

Advanced Certificate in Sport and Exercise Nutrition
Programme Code: HS020B
Application Code: 1935-HS020
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.
Foundation Certificate in Nutrition
(Weight Management)
Programme Code: HS006A

Application Code: 1945-HS006A
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed to enable those who have an interest in nutrition to gain up-to-date knowledge and develop skills to achieve a healthy weight. This programme is also suitable for both nurses and allied health workers working with overweight or underweight patients and employees of fitness, health and beauty centres where clients wish to achieve ideal body weight.

Applicants shall have:
1. (a) gained in the HKCEE Grade E in four subjects or equivalent qualifications and Level 2 in English Language; OR
(b) gained in the HKDSE Examination Level 2 in five subjects including English Language; OR
2. reached the age of 21 or above with working experience.

Application Code: 1950-HS144A
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed to equip those who have an interest in nutrition to better understand the nutritional needs of older people and to provide basic knowledge in assisting older people to achieve their ideal body weight. This programme is also suitable for nurses and allied health workers working with older people requiring weight management. 

Applicants shall:
1. (a) hold a bachelor's degree awarded by a recognised university; OR
(b) hold a higher diploma awarded by a recognised university with at least 2 years work experience; OR
(c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE.

AND
2. provide evidence of English proficiency, such as:
(a) HKDSE Examination English Language at Level 2 or above; OR
(b) HKCEE English Language at Level 2 from 2007 – 2011 or Grade E in English Language Syllabus B or Grade C in the case of Syllabus A before 2007.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry short course prior to commencing this programme. Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

S $15,800 / $12,000 (whole certificate); $7,000 (module E only)

Application Code: 1955-HS008A
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed to equip those who have an interest in nutrition to better understand the nutritional needs of older people and to provide basic knowledge in assisting older people to achieve their ideal body weight. This programme is also suitable for nurses and allied health workers working with older people requiring weight management. 

Applicants shall:
1. (a) hold a bachelor's degree awarded by a recognised university; OR
(b) hold a higher diploma awarded by a recognised university with at least 2 years work experience; OR
(c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE.

AND
2. provide evidence of English proficiency, such as:
(a) HKDSE Examination English Language at Level 2 or above; OR
(b) HKCEE English Language at Level 2 from 2007 – 2011 or Grade E in English Language Syllabus B or Grade C in the case of Syllabus A before 2007.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry short course prior to commencing this programme. Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

S $15,800 / $12,000 (whole certificate); $7,000 (module E only)

Application Code: 1950-HS144A
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

This programme is designed to equip those who have an interest in nutrition to better understand the nutritional needs of older people and to provide basic knowledge in assisting older people to achieve their ideal body weight. This programme is also suitable for nurses and allied health workers working with older people requiring weight management. 

Applicants shall:
1. (a) hold a bachelor's degree awarded by a recognised university; OR
(b) hold a higher diploma awarded by a recognised university with at least 2 years work experience; OR
(c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE.

AND
2. provide evidence of English proficiency, such as:
(a) HKDSE Examination English Language at Level 2 or above; OR
(b) HKCEE English Language at Level 2 from 2007 – 2011 or Grade E in English Language Syllabus B or Grade C in the case of Syllabus A before 2007.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry short course prior to commencing this programme. Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

S $15,800 / $12,000 (whole certificate); $7,000 (module E only)
Executive Certificate in Foundational Nutrigenomics and Personalised Nutrition
Programme Code: EP121A

Application Code: EP121A
winnie.pyw.chan@hkuspace.hku.hk

Individuals with different genetic make-up respond differently towards the same food. Nutrigenomics is the science to understand how nutrients interact with human genes, with the ultimate goal of providing personalised nutrition advice according to one’s own genes.

This course aims to equip students with the knowledge of genetics and the cutting-edge technologies applied in nutrigenomics that are useful for interpretation of the test results in relation to personalised nutrition.

S. HK$5,880
Application Fee: HK$150
D. 4 months

Application Fee: HK$150

Food Innovation and Science (Senior Secondary Applied Learning)

Certificate in Food Innovation and Science (Senior Secondary Applied Learning)
Programme Code: HS187A

B. 2520 4613
carmen.wong@hkuspace.hku.hk

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.

The programme aims to:
- help students explore career opportunity of the ever-changing food product innovation industry and be well equipped to contribute to the development of the industry
- prepare students for further studies in the field of food and nutrition
- help students explore career opportunity of the ever-changing food product innovation industry and be well equipped to contribute to the development of the industry

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.

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Dietetics, Food & Nutrition
食品及營養學

Minimum Entry Requirements
基本入學要求

Fee
學費
HK$2,500
HK$2,500
HK$800
HK$1,800
HK$1,800
HK$2,500
HK$2,500
HK$600
HK$600
HK$1,800
HK$1,800
HK$600
HK$600

Duration
修業期
8 weeks
9 weeks
3 weeks
3 weeks
5 weeks
6 weeks
10 weeks

medium of instruction
教學語言
Cantonese supplemented with English.
Cantonese supplemented with English.
Cantonese supplemented with English.
Cantonese supplemented with English.
Cantonese supplemented with English.
Cantonese supplemented with English.
Cantonese supplemented with English.

Qualifications Framework
資歷架構
Level 3
Level 3
Level 3
Level 3
Level 3
Level 3
Level 3

Exemption
豁免

Short Course
短期課程

Understanding Food and Nutrition
Programme Code: DFNS9018
Application Code: 1890-1495NW
This course is designed for individuals who have an interest in food, nutrition and health. It will provide them with a better understanding of a balanced diet and its importance for health and disease prevention.

Understanding Food and Nutrition II
Programme Code: SC400A
Application Code: 1940-SC400A
This is an extension programme of the HKU SPACE Understanding Food and Nutrition course. The course is designed for students who wish to broaden their knowledge on food and nutrition.

Food, Nutrition and Immunity
Programme Code: DFNS9042
Application Code: 1935-1543NW
It is well known that good nutrition is essential for a strong immune system which may offer protection from ill health. No one food or supplement can prevent sickness but a healthy eating plan may help support one’s immune system.

Understanding Food and Nutrition
報名代碼: 1935-1533NW
報名代碼: 1950-1921NW
報名代碼: 1945-1058NW
報名代碼: 1950-1012NW

For more and latest programme information, please visit our website hkuspace.hku.hk
Dietetics, Food & Nutrition
食品及營養學

流行食品補充劑及健康
課程編號：DFNS9006

報名代碼：1940-1019NW
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

隨著大眾對飲食與健康日益關注，健康食品和營養補充劑的需求愈來愈大。本課程旨在探討香港市面常見的食物補充劑的成份和功用。本課程適合食品行業市場人士（例如推廣員及銷售員），及任何對營養及食品補充劑有興趣人士報讀。

HK$1,800
5個星期

成人體重控制小組 (初級班)

報名代碼：1945-1054NW
2975 5881
dietclin@hkuspace.hku.hk

本小組由註冊營養師主理，內容包括個別體重及身體脂肪分析、保持健康體重與控制飲食的方法、出外飲食建議、食品標籤解讀、建議食譜及食譜改良法等（不包括個別餐單 / 建議）。此外，專業健體教練將提供體重控制的運動指引。每組名額七人。

HK$1,280；HK$1,152（優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有有效學生證）,香港大學專業進修學院校友會會員）
4講，每日1講

運動營養小組

報名代碼：2975 5881
dietclin@hkuspace.hku.hk

本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人而設。講座有充分機會探討自身運動及相關的營養課程。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

HK$1,280；HK$1,152（優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有有效學生證）,香港大學專業進修學院校友會會員）
共4講，每日1講

防癌健康飲食小組

報名代碼：2975 5881
dietclin@hkuspace.hku.hk

都市人的飲食模式會提高患癌風險？進食某些食物會致癌？註冊營養師會為學員拆解常見的防癌飲食謬誤，並提供防癌飲食建議和指引，助學員實踐健康飲食，以達至預防癌症之效。（不包括為個別人士提供餐單／建議）

HK$960；HK$864（優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有有效學生證）,香港大學專業進修學院校友會會員,60歲或以上年長學員）
共4講，每日1小時

食品標籤及條例
課程編號：DFNS9008

報名代碼：1940-1023NW
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

在香港出售的預先包裝食物均受香港法例管制，要加上適當的食品及營養標籤。食品製造商、生產商及進口商均需要認識最新法例，以確保食品符合準則。另一方面，市民大眾亦可透過正確解讀營養標籤，辨識適合自己的食物種類和分量，本課程旨在教導學員計算及正確解讀營養標籤的方法，以及介紹最新的法例。

HK$2,400
8個星期

廚藝科學入門
課程編號：DFNS9033

報名代碼：1945-1054NW
2975 5881
winnie.pyw.chan@hkuspace.hku.hk

每一樣食材在處理和烹調期間都有獨特的物理和化學變化，掌握烹調背後的科學變化和原理，就可以探索如何製作出營養均衡又營養豐富的食物。本課程旨在使學員了解食物烹調時的科學變化，增進廚藝，享受烹調的樂趣。

HK$1,900
5個星期

運動營養小組

課程編號：2975 5881
dietclin@hkuspace.hku.hk

本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人而設。講座有充分機會探討自身運動及相關的營養課程。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

HK$1,280；HK$1,152（優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有有效學生證）,香港大學專業進修學院校友會會員）
共4講，每日1講

防癌健康飲食小組

課程編號：2975 5881
dietclin@hkuspace.hku.hk

都市人的飲食模式會提高患癌風險？進食某些食物會致癌？註冊營養師會為學員拆解常見的防癌飲食謬誤，並提供防癌飲食建議和指引，助學員實踐健康飲食，以達至預防癌症之效。（不包括為個別人士提供餐單／建議）

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共4講，每日1小時

防癌健康飲食小組

課程編號：2975 5881
dietclin@hkuspace.hku.hk

本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人而設。講座有充分機會探討自身運動及相關的營養課程。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

HK$1,280；HK$1,152（優惠適用於香港大學／香港大學專業進修學院員工／學生（需持有有效學生證）,香港大學專業進修學院校友會會員）
共4講，每日1講

學員請先致電或電郵至營養學治療及教研中心，留下姓名，聯絡電話和小組日期以作報名之用。