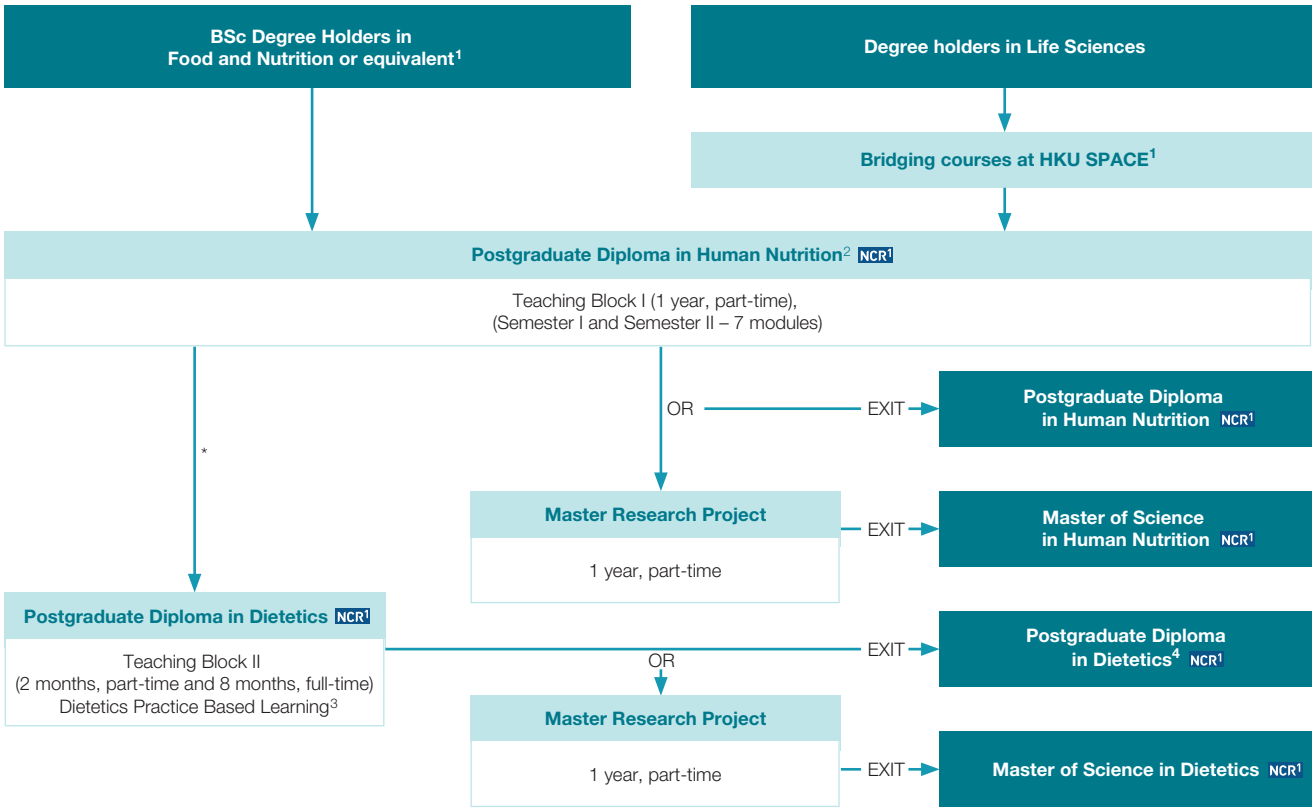
Dietetics, Food & Nutrition
食品及營養學

Progression route towards MSc in Dietetics/ MSc in Human Nutrition/ PgDip in Dietetics/ PgDip in Human Nutrition

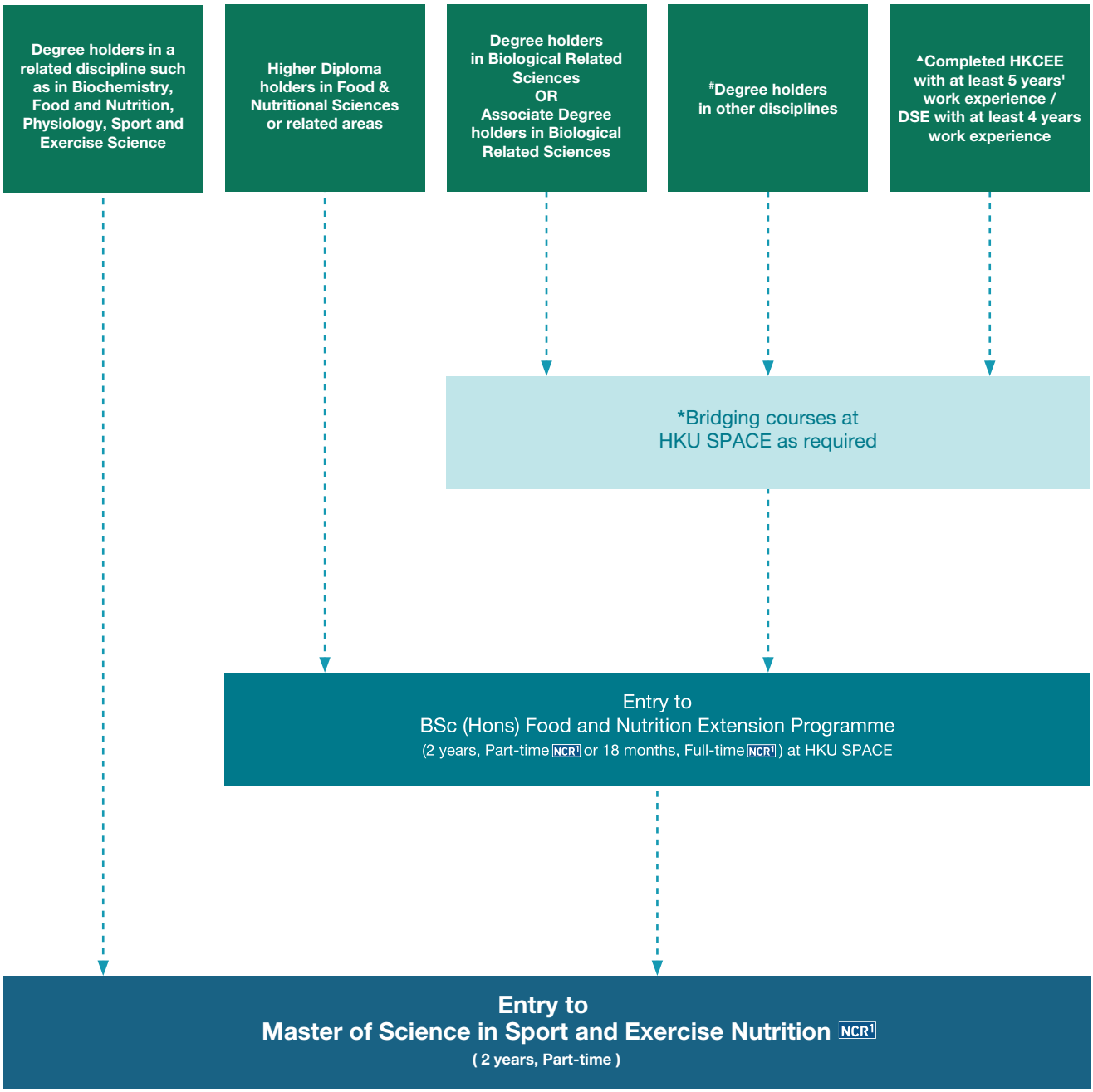


* For students who are successfully selected for progression to PgDip in Dietetics

1. For BSc degree holders in related science field, completion of bridging courses may be required. "Bridging courses" to be advised by the programme team, based on the applicants' academic background.
2. Selection will be based on academic excellence and an interview.
3. Depending on the availability of clinical placements, students may be required to defer entry into Dietetics Practice Based Learning.
4. Holders of the PgDip in Dietetics fulfill the criteria for employment as dietitians by the Hospital Authority, HK. Graduates are eligible to apply for registration as dietitians with the Health and Care Professions Council (HCPC), UK.

R Minimum Entry Requirements 基本入學要求(P.340) $ Fee 學費 D Duration 修業期 Date/Time 日期/時間 Venue 地點
Tutor 導師 Medium of Instruction 教學語言 Q Qualifications Framework 資歷架構 E Exemption 豁免 S Short Course 短期課程
See legend on page 2 & 8
圖像說明於第2及8頁

Progression route towards MSc in Sport and Exercise Nutrition in collaboration with Ulster University, U.K.



▲ 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent.

* "Bridging courses" to be advised by programme team, based on the applicant's academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

\# Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.

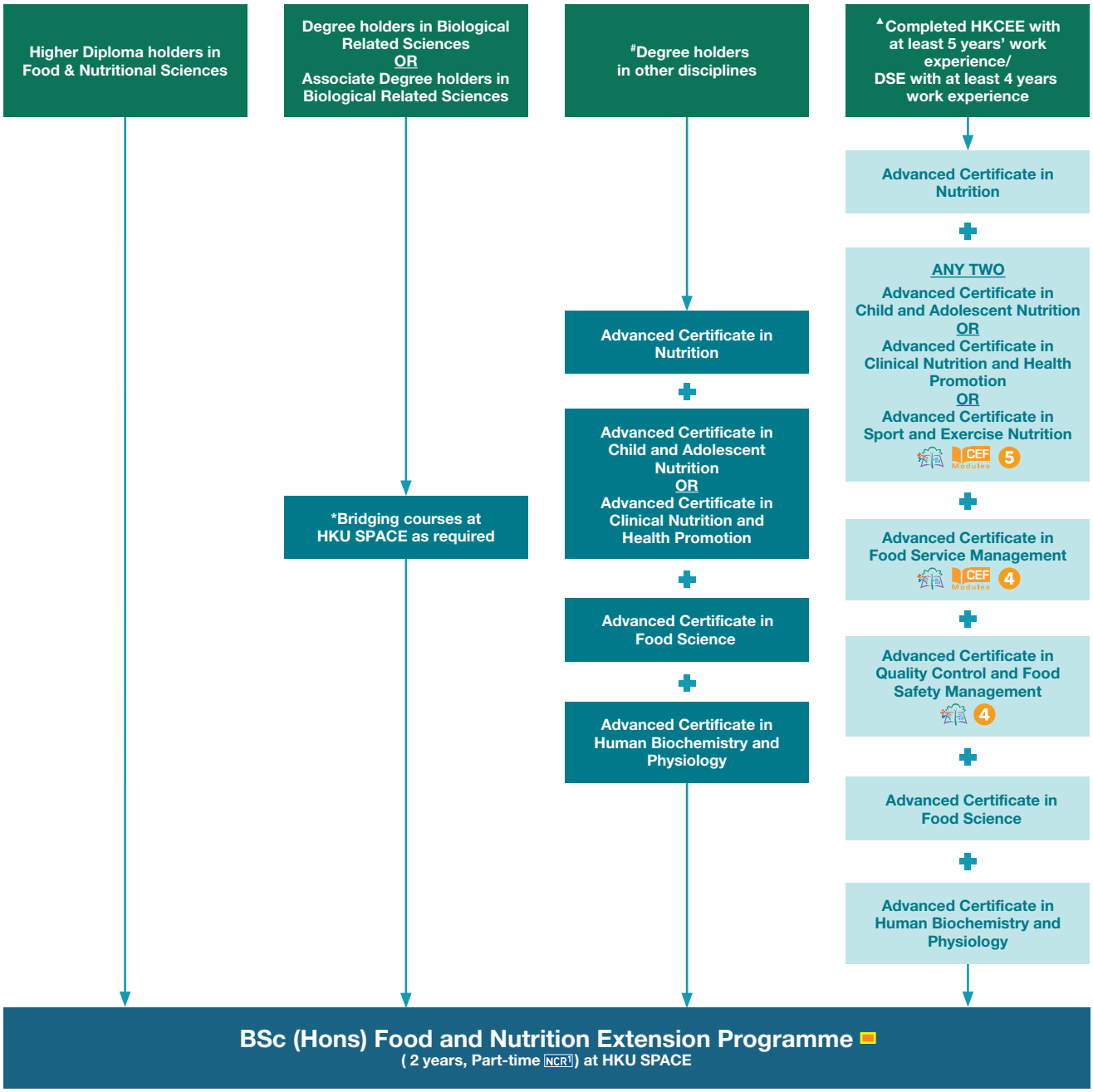
NCR1 This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR2 These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR3 The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

Progression route towards BSc (Hons) Food and Nutrition extension programme in collaboration with Ulster University, UK



▲ 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at Grade C or (in or after 2007) at Level 2 or HKDSE English Language at Level 2 or equivalent.

* "Bridging courses" to be advised by programme team, based on the applicant's academic background, (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)

Degree holders in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.

This programme is also offered on a full-time basis (18 months) NCR1

R Minimum Entry Requirements 基本入學要求(P.340) $ Fee 學費 D Duration 修業期 Date/Time 日期/時間 Venue 地點
Tutor 導師 Medium of Instruction 教學語言 Q Qualifications Framework 資歷架構 E Exemption 豁免 S Short Course 短期課程

See legend on page 2 & 8
圖像說明於第2及8頁

Master of Science in Human Nutrition
Programme Code: HS016A

Application code: HS016

NCR[1]

In association with the Ulster University, UK, HKU SPACE offers a programme leading to the award of Master of Science (MSc) in Human Nutrition. The MSc in Human Nutrition programme is offered on a part-time basis which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Reference no. of exempted under NLHPE: 450320

D 2 years

HKU SPACE Learning Centre

For course details, please refer to the common information below.

Postgraduate Diploma in Human Nutrition
Programme Code: HS018A

Application code: HS018

NCR[1]

In association with the Ulster University, UK, HKU SPACE offers a programme leading to the award of Postgraduate Diploma (PgD) in Human Nutrition. The PgD in Human Nutrition programme is offered on a part-time basis which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Reference no. of exempted under NLHPE: 450320

D 1 year

HKU SPACE Learning Centre

For course details, please refer to the common information below.

3762 0833

timothy.yeung@hkuspace.hku.hk

R Applicants must:

1. (i) hold a degree with at least 2ii Honours standard in food and nutrition or equivalent; or
   (ii) hold a degree with at least 2ii Honours in life sciences and completion of specified HKU SPACE Advanced Certificate courses in food and nutrition as required; or
   (iii) demonstrate their ability to undertake the course through the accreditation of prior learning.

AND

2. provide evidence of English proficiency, such as
   (i) HKDSE English Language 3 or above; or
   (ii) HKALE Grade D or above; or
   (iii) HKCEE English Language (Syllabus B) C or above; or
   (iv) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening, and speaking or equivalent.

English

Master of Science in Dietetics
Programme Code: HS130A

Application code: HS130

NCR[1]

In association with the Ulster University, U.K., HKU SPACE offers the Master of Science (MSc) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Holders of the MSc in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates are eligible to apply for registration as a dietitian with the Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

D 3 years

For course details, please refer to the common information below.

Postgraduate Diploma in Dietetics
Programme Code: HS017A

Application code: HS017

NCR[1]

In association with the Ulster University, U.K., HKU SPACE offers the Postgraduate Diploma (PgD) in Dietetics. The programme is offered on a part-time basis (except for the clinical placement) which falls in line with the school's mission in delivering flexible programmes which meet the needs of potential students and the community.

Holders of the MSc in Dietetics fulfill the criteria for employment as dietitians by the Hong Kong Hospital Authority. Graduates are eligible to apply for registration as a dietitian with the Health and Care Professions Council (HCPC), UK.

Reference no. of exempted courses under NLHPE: 450321

D 2 years

For course details, please refer to the common information below.

3762 0833

timothy.yeung@hkuspace.hku.hk

R Applicants must:

i) have successfully completed the PgD Human Nutrition course offered by HKU SPACE.

AND

ii) also have:

1. demonstrated good academic performance in the PgD Human Nutrition;
2. no criminal record;
3. good health as evidenced by a satisfactory complete medical report;
4. excellent communication skills as assessed by interview by dietitians and representatives of the course team;
5. demonstrated a commitment to the dietetics profession;
6. ability to speak and read Chinese, which is essential to ensure that students are able to communicate and learn effectively. In each case the candidate shall satisfy the Admissions Committee that he/she is unlikely to be disadvantaged in his/her studies by language.

English

NCR[1] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR[2] These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR[3] The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

Master of Science in Sport and Exercise Nutrition
Programme Code: HS174A

Ulster University, UK
NCR[1]

Application Code: 1950-HS174A

3762 0833 | timothy.yeung@hkuspace.hku.hk

This programme provides a postgraduate pathway for those who are interested in pursing a career in the area of sport and exercise nutrition. Graduate of the programme followed by further mentored work experience are eligible to apply for registration of the British Dietetic Association (BDA) Sport and Exercise Nutrition Register (SENr). Lectures will be delivered online and supplemented with face-to-face tutorials.

R Applicants must:-

1. (i) hold a degree with at least 2ii Honours in a related discipline such as in Biochemistry, Dietetics, Food and Nutrition, Human Nutrition, Physiology, Sport and Exercise Science, Sports Science or other relevant degree discipline OR
   (ii) demonstrate their ability to undertake the course through the accreditation of prior learning.

AND

2. provide evidence of English proficiency, such as:
   (i) HKDSE English Language 3 or above; OR
   (ii) HKALE Grade D or above; OR
   (iii) HKCEE English Language (Syllabus B) C or above; OR
   (iv) an IELTS overall band of 6 with 5.5 or above in reading, writing, listening and speaking or equivalent.

$ HK$108,000 (to be paid in 2 instalments)
Application Fee: HK$300 (Non-refundable)

D 2 years

English

Application Deadline	Aug 2021
Commencement Date	Oct 2021

Postgraduate Certificate in Community Nutrition
Programme Code: HS009A

Application Code: 1845-HS009A

2975 5881 | barry.ho@hkuspace.hku.hk

This programme aims to equip dietitians and nutritionists with the knowledge of the community nutrition services in Hong Kong. The processes involved in the development and evaluation of new community nutrition services will also be covered. In addition, the programme offers a supervised practicum which provides practical experience for students.

R Applicants shall:

(a) (i) hold a bachelor's degree in nutrition awarded by a recognised university; OR
(ii) hold a recognised professional qualification in dietetics;

AND

(b) provide evidence of English proficiency (if the degree or equivalent qualification is from an institution where the language of teaching and assessment is not English) such as:
(i) an overall band of 6.0 with no subtests lower than 5.5 in the IELTS;
(ii) a score of 550 in the paper-based TOEFL, or a score of 213 in the computer-based TOEFL, or a score of 80 in the internet-based TOEFL;
(iii) HKALE Use of English at Grade E;
(iv) equivalent qualifications.

AND

(c) be able to speak and read Chinese effectively. In each case the candidate shall satisfy the Admissions Committee that he/she is unlikely to be disadvantaged in his/her studies by language.

Applicants may be required to attend an interview as appropriate.

$ HK$17,500
Application Fee: HK$150 (Non-refundable)

D 4 months

Module 1: HKU SPACE Learning Centre (usually Fortress Hill, Causeway Bay, Admiralty or North Point)
Module 2: St James Settlement facilities, associated schools and centers.

Module 1 - English; Module 2 - Cantonese supplemented with English. (For both modules, teaching materials and programme assessment will be in English)

Q Level 6 (Reg. No.: 13/000436/L6) Validity Period: 01 Sep 2013 - on-going

Application Deadline	7 Jul 2020
Commencement Date	Sep 2020

Bachelor of Science (Honours) Food and Nutrition
Programme Code: HS014A

Ulster University, UK
NCR[1]

Application Code: 1850-HS014A

3762 0833 | timothy.yeung@hkuspace.hku.hk

This programme offers the opportunity for sub degree graduates or equivalent to pursue a BSc (Honours) degree in Food and Nutrition and develop a career in food and nutritional area.

R The programme is also offered on full-time basis (18 months) NCR[1]

Applicants shall:

(a) (i) hold a Higher Diploma in Nutrition and Food Management or equivalent; OR
(ii) *have successfully completed all the required HKU SPACE programmes namely:
- Advanced Certificate in Nutrition and
- ANY TWO of "Advanced Certificate in Child and Adolescent Nutrition Or Advanced Certificate in Clinical Nutrition and Health Promotion Or Advanced Certificate in Sport and Exercise Nutrition" and
- Advanced Certificate in Food Service Management and
- Advanced Certificate in Quality Control and Food Safety Management and
- Advanced Certificate in Food Science and
- Advanced Certificate in Human Biochemistry and Physiology; OR

(iii) provide evidence of their ability to undertake the programme through the accreditation of prior certificated and experiential learning.

AND

(b) provide evidence of English proficiency, such as:
(i) HKCEE English Language (Syllabus B) at Grade E or level 2; OR HKDSE Examination Level 2 in English; OR
(ii) an overall band of 6 with subtest of 6.0 in the IELTS or equivalent.

Based on the applicants' academic background, bridging courses at HKU SPACE suggested by the programme team may be required.

*Remarks:
Degree / Associate Degree holder in Biological Related Sciences who have successfully completed the "bridging courses" will normally have satisfied the entry requirements. These bridging courses are decided by programme team based on the applicants academic background. (e.g. Applicants with limited knowledge in food science are normally required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition programme).

Degree holders in non-related sciences who have successfully completed the HKU SPACE programmes namely: Advanced Certificate in Nutrition and Advanced Certificate in Child and Adolescent Nutrition or Advanced Certificate in Clinical Nutrition and Health Promotion and Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry and Physiology will normally have satisfied entry requirements.

$ HK$132,000 (to be paid in 3 instalments)
Application Fee: HK$150 (Non-refundable)

D 2 years

Mon, Wed and Fri (7:00pm - 10:00pm), and some Sat afternoons (2:30pm - 5:30pm)

HKU SPACE Learning Centres

English

Application Deadline	3 Jul 2020
Commencement Date	12 Oct 2020

Advanced Diploma in Nutrition

This Advanced Diploma consists of an Advanced Certificate in Nutrition and an Advanced Certificate in Clinical Nutrition and Health Promotion.

Advanced Certificate in Nutrition
Programme Code: HS001A

This programme is designed to provide students with the knowledge of basic nutrition principles and their application. The impact of food-borne microorganisms in relation to health and disease will also be discussed.

60+

R Applicants shall:

I. (a) hold a bachelor's degree awarded by a recognised university; OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years work experience; OR
(c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years work experience; OR
(d) hold an HKDSE level 2 in 4 subjects with at least 4 years work experience.
AND

II. provide evidence of English proficiency, such as
(a) have gained in the HKCEE Grade E (Syllabus B) or Level 2*in English Language; OR
(b) have gained in the HKDSE Level 2 in English Language.

Mature students with at least 5 years work experience will be considered on an individual basis.

* With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in English Language subject at HKCEE.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition (HS004A) and Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/ SC399A) prior to the commencement of Advanced Certificate in Nutrition (HS001A).

$ HK$16,800
- Third Age Rate: HK$13,440 (The course offers 20% discount for aged 60 or above. The number of discount places available in some courses is subject to a quota. Third age learners must apply in person and present their HKID card/Passport for age verification at the time of their course enrolment.)

Q Level 4 (Reg. No.: 07/001802/4) Validity Period: 05 May 2008 - on-going

Application code: 1835-HS001A

Tue and Fri, 6:45pm - 9:45pm, and some Sat afternoons

Application Deadline	15 May 2020 (Late application will be considered)
Commencement Date	14 Jul 2020

Application code: 1865-HS001A (Class A)

Tue and Fri, 6:45pm - 9:45pm, and some Sat afternoons

Application Deadline	13 Nov 2020
Commencement Date	12 Jan 2021

Application code: 1865-HS001A (Class B)

Wed, 6:45pm - 9:45pm; Sat 2:30pm - 5:30pm; and some Sun afternoons

Application Deadline	13 Nov 2020
Commencement Date	13 Jan 2021

For course details, please refer to the common information on the right.

Advanced Certificate in Clinical Nutrition and Health Promotion
Programme Code: HS002A

Application Code: 1835-HS002A

This programme aims to provide students with the knowledge in the areas of clinical nutrition and health promotion. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also provides continuing professional development for professionals such as nurses, teachers, health professionals and those working in the nutrition and food industry.

R Applicants shall:

I. a) hold a Bachelor's degree awarded by a recognised university; OR
b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;
AND

II. provide evidence of English proficiency, such as:
a) have gained in the HKCEE Grade E or Level 2* in English Language (Syllabus B); OR
b) have gained in the HKDSE Level 2 in English Language.

* With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in English Language subject at HKCEE.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to commencing the Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A) and Advanced Certificate in Child and Adolescent Nutrition (HS004A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A and SC399A) prior to commencing the Advanced Certificate in Nutrition (HS001A) / Clinical Nutrition and Health Promotion (HS002A) / Child and Adolescent Nutrition (HS004A).

$ HK$16,800

Tue and Fri, 6:45 - 9:45pm, and some Sat afternoons

Q Level 5 (Reg. No.: 10/001258/5) Validity Period: 01 Jul 2011 – on-going

Application Deadline	4 May 2020 (Late application will be considered)
Commencement Date	3 Jul 2020

For course details, please refer to the common information below.

2975 5878 andy.cha.so@hkuspace.hku.hk

$ Application Fee: HK$150 (Non-refundable)

D 4 months

HKU SPACE Learning Centre
(usually Admiralty, Causeway Bay, Fortress Hill or North Point)

English

NCR[1] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR[2] These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR[3] The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

Advanced Diploma in Child and Adolescent Nutrition

This Advanced Diploma consists of an Advanced Certificate in Nutrition and an Advanced Certificate in Child and Adolescent Nutrition.

Advanced Certificate in Nutrition
Programme Code: HS001A

This programme is designed to provide students with the knowledge of basic nutrition principles and their application. The impact of food-borne microorganisms in relation to health and disease will also be discussed.

60+

R Applicants shall:

I. (a) hold a Bachelor's degree awarded by a recognised university OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years work experience OR
(c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years work experience OR
(d) hold an HKDSE level 2 in 4 subjects with at least 4 years work experience.

AND

II. provide evidence of English proficiency, such as
(a) have gained in the HKCEE Grade E (Syllabus B) or Level 2*in English Language; OR
(b) have gained in the HKDSE Level 2 in English Language.

Mature students with at least 5 years work experience will be considered on an individual basis.

* With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in English Language subject at HKCEE.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition (HS004A) and Advanced Certificate in Clinical Nutrition and Health Promotion (HS002A).

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A/SC399A) prior to the commencement of Advanced Certificate in Nutrition (HS001A).

$ HK$16,800
- Third Age Rate: HK$13,440 (The course offers 20% discount for aged 60 or above. The number of discount places available in some courses is subject to a quota. Third age learners must apply in person and present their HKID card/Passport for age verification at the time of their course enrolment.)

Q Level 4 (Reg. No.: 07/001802/4) Validity Period: 05 May 2008 - on-going

Application code: 1835-HS001A

Tue and Fri, 6:45pm - 9:45pm, and some Sat afternoons

Application Deadline	15 May 2020 (Late application will be considered)
Commencement Date	14 Jul 2020

Application code: 1865-HS001A (Class A)

Tue and Fri, 6:45pm - 9:45pm, and some Sat afternoons

Application Deadline	13 Nov 2020
Commencement Date	12 Jan 2021

Application code: 1865-HS001A (Class B)

Wed, 6:45pm - 9:45pm; Sat 2:30pm - 5:30pm; and some Sun afternoons

Application Deadline	13 Nov 2020
Commencement Date	13 Jan 2021

For course details, please refer to the common information on the right.

Advanced Certificate in Child and Adolescent Nutrition
Programme Code: HS004A

Application Code: 1865-HS004A

This programme aims to provide students with the knowledge in childhood and adolescent nutrition. This programme has a number of articulation routes to degree level courses in nutrition and provides an opportunity for those who are interested in nutrition to build and develop their nutrition knowledge. It also serves as a continuing professional development for those who are working with or plan to work with children and adolescents such as nurses, teachers, health professionals, school lunch providers.

R Applicants shall:

I. a) hold a Bachelor's degree awarded by a recognised university; OR
b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;

AND

II. provide evidence of English proficiency, such as:
a) have gained in the HKCEE Grade E or Level 2* in English Language (Syllabus B); OR
b) have gained in the HKDSE Level 2 in English Language.

* With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in English Language subject at HKCEE.

Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to the commencement of Advanced Certificate in Child and Adolescent Nutrition.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A and SC399A) prior to commencing the Advanced Certificate in Nutrition/ Clinical Nutrition and Health Promotion/ Child and Adolescent Nutrition.

$ HK$16,800

Tue and Fri, 6:45 - 9:45pm, and some Sat afternoons

Q Level 5 (Reg. No.: 10/001253/5) Validity Period: 01 Mar 2011 - on-going

Application Deadline	Nov 2020
Commencement Date	Jan 2021

For course details, please refer to the common information below.

2975 5878 andy.cha.so@hkuspace.hku.hk

$ Application Fee: HK$150 (Non-refundable)

D 4 months

HKU SPACE Learning Centre
(usually Fortress Hill, Causeway Bay, Admiralty or North Point)

English

See legend on page 2 & 8
圖像說明於第2及8頁

Advanced Certificate in Food Science
Programme Code: HS126A

Application Code: 1880-HS126A

2975 5878 | andy.cha.so@hkuspace.hku.hk

This programme is designed to provide students with the knowledge of food science, including chemical and analytical aspects of food components, relation of microorganisms and food as well as principles of food processing and preservation techniques.

R Applicants shall:
I. i) a) hold a bachelor's degree awarded by a recognized university; or
b) hold a higher diploma awarded by a recognized institution with at least 2 years related work experience e.g. food and catering industry; or
c) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
d) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience;
and
ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;
AND
II. provide evidence of English proficiency, such as
i) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; or
ii) HKDSE Examination English Language at Level 2;
AND
III. i) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; or
ii) have a pass in the HKCEE Chemistry and Biology; or
iii) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

$ HK$16,900
Application Fee: HK$150 (Non-refundable)

D 5 months

- Tue, and Fri evenings (6:45pm - 9:45pm); and some Sat afternoons (Modules A, B and C)
- Sat, afternoons (Module D)

- Lectures will normally be held in HKU SPACE Learning Centres (usually Admiralty, Causeway Bay, Fortress Hill or North Point).
- Laboratory sessions will normally be held in HKU Main Campus and HKU SPACE Learning Centre at Causeway Bay.

English

Q Level 5 (Reg. No.: 15/002999/L5) Validity Period: 02 Oct 2015 – on-going

Application Deadline	Feb 2021
Commencement Date	Apr 2021

Advanced Diploma in Food Business Management

The Advanced Diploma consists of an Advanced Certificate in Quality Control and Food Safety Management and an Advanced Certificate in Food Service Management.

Advanced Certificate in Quality Control and Food Safety Management
Programme Code: HS024A

Application Code: 1860-HS024A

The programme aims to provide students with the knowledge of food safety, food hygiene management as well as principles and regulations for quality assurance. This certificate has been recognised by Food and Environmental Hygiene Department as equivalent to Hygiene Managers training course.

Q Level 4 (Reg. No.: 07/002027/4) Validity Period: 05 May 2008 - on-going

Application Deadline	Oct 2020
Commencement Date	Dec 2020

For course details, please refer to the common information below.

Advanced Certificate in Food Service Management
Programme Code: HS003A

Application Code: 1835-HS003A

The programme aims to provide students with the knowledge of the operation of the foodservice system and basic management skills. Students who successfully complete this certificate and Advanced Certificate in Quality Control and Food Safety Management will be awarded the HKU SPACE Advanced Diploma in Food Business Management. These programmes equip students to take up supervisory duties in the food industry.

Q Level 4 (Reg. No.: 07/002028/4) Validity Period: 05 May 2008 - on-going

Application Deadline	5 May 2020 (Late application will be considered)
Commencement Date	2 Jul 2020

For course details, please refer to the common information below.

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R Applicants shall:
a) have gained five passes in the HKCEE (including English Language at Level 2*) with at least 1 year related work experience e.g. food and catering industry; OR
b) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language with at least 1 year related work experience e.g. food and catering industry; OR
c) (i) be mature students over the age of 25 with extensive work experience; AND
(ii) provide evidence of English proficiency, such as HKCEE or HKDSE English Language at Level 2*.
* With effect from 2007, HKU SPACE recognises Grade E previously awarded for Chinese Language and English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in these two subjects at HKCEE.
#Preference will be given to those who are recommended by employers.

$ HK$15,800 / HK$11,500 (Advanced Certificate with Module A exemption)
Application Fee: HK$150 (Non-refundable)

D 5 months

- Mon, 6:45pm - 9:45pm
- Thur, 6:45pm - 9:45pm; some Sat afternoons

HKU SPACE Learning Centre
(usually Fortress Hill, Causeway Bay, Admiralty or North Point)

English

NCR[1] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。
NCR[2] These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。
NCR[3] The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

Advanced Diploma in Sport and Exercise Nutrition
Programme Code: HS011A

Application Code: 1865-HS011A

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The aim of this programme is to provide students with an understanding and basic knowledge of nutrition that will better equip them to assist clients to optimise their sporting and exercise performance through good nutrition. All students will initially enrol on the Advanced Certificate in Sport and Exercise Nutrition programme and upon successful completion may enrol onto the Advanced Diploma in Sport and Exercise Nutrition programme.

R Applicants shall:
I. (a) hold a Bachelor's degree awarded by a recognised university; OR
(b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
(c) hold an Advanced Certificate in Nutriton awarded within the HKU system through HKU SPACE;
AND
II. provide evidence of English proficiency, such as:
1. HKDSE Examination English Language at Level 2 or above; OR
2. HKCEE English Language at level 2 from 2007 – 2011 or Grade E in English Language Syllabus B or Grade C in the case of Syllabus A before 2007.

All students will initially enroll on the Advanced Certificate in Sport and Exercise Nutrition programme. Upon successful completion, they may enroll on the Advanced Diploma in Sport and Exercise Nutrition programme. There will be no time limit for students choosing to further their studies from the Certificate to the Diploma level.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I / II short courses prior to commencing this course Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

$ HK$15,800 (Cert level – Mod A, B, C) plus HK$14,300 (Dip level - Mod D & E)
HK$11,500 (Cert level with Mod A exemption) plus HK$14,300 (Dip level -Mod D & E)
Application Fee: HK$150 (Non-refundable)

D 10 months

Mon and Thur, 6:45 - 9:45pm, and some Sat afternoons

HKU SPACE Learning Centre (usually Fortress Hill, Causeway Bay, Admiralty or North Point)

English

Q Level 5 (Reg. No.: 08/001066/5) Validity Period: 27 Oct 2008 – on-going

Application Deadline	Dec 2020
Commencement Date	Feb 2021

Advanced Certificate in Sport and Exercise Nutrition
Programme Code: HS020B

Application Code: 1835-HS020B

2975 5881 barry.ho@hkuspace.hku.hk

This programme is designed for individuals involved in sports and exercise to acquire a basic knowledge in sport nutrition to maximise their performance. It also provides continuing professional development for doctors specialising in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers.

R Applicants shall hold:
I. (a) a Bachelor's degree awarded by a recognised university; OR
(b) a Higher Diploma awarded by a recognised institution with at least 2 years working experience; OR
(c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;
AND
II. provide evidence of English proficiency, such as:
(a) HKDSE Examination English Language at Level 2 or above; OR
(b) HKCEE English Language at level 2 from 2007 – 2011 or Grade E in English Language Syllabus B or Grade C in the case of Syllabus A before 2007.
Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry short course prior to commencing this programme Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

$ HK$15,800 / HK$11,500 (Advanced Certificate with Module A exemption)
Application Fee: HK$150 (Non-refundable)

D 5 months English

Mon and Thur, 6:45 - 9:45pm, and some Sat afternoons

HKU SPACE Learning Centre (usually Fortress Hill, Causeway Bay, Admiralty or North Point)

Q Level 5 (Reg. No.: 14/003527/L5) Validity Period: 07 Nov 2014 – on-going

Application Deadline	11 May 2020 (Late application will be considered)
Commencement Date	13 Jul 2020

Advanced Certificate in Human Biochemistry and Physiology
Programme Code: HS005A

Application Code: 1845-HS005A

2975 5878 andy.cha.so@hkuspace.hku.hk

This programme is designed to introduce human biochemistry and physiology to the students. This programme provides an in-depth knowledge of human biochemistry and physiology at degree level. Graduates from this programme will have acquired concepts of biochemistry and physiology which will allow them to embark onto a degree in nutritional sciences.

R Applicants shall:
1. (a) hold a bachelor s degree awarded by a recognised university; OR
(b) hold a higher diploma awarded by a recognised university with at least 2 years work experience; OR
(c) complete the following certificates awarded within the HKU system through HKU SPACE:
(i) Advanced Certificate in Nutrition; and
(ii) Advanced Certificate in Food Service Management; and
(iii) Advanced Certificate in Quality Control and Food Safety Management; and
(iv) Any TWO of the following certificates
- Advanced Certificate in Child and Adolescent Nutrition; or
- Advanced Certificate in Clinical Nutrition and Health Promotion; or
- Advanced Certificate in Sport and Exercise Nutrition
(v) - have gained in the HKCEE Grade E in 4 subjects with at least 5 years work experience; OR
- have gained in the HKDSE Examination level 2 in 4 subjects with at least 4 years work experience;

AND
2. provide evidence of English proficiency, such as
(a) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; OR
(b) HKDSE Examination English Language at Level 2;

AND
3. have successfully completed the HKU SPACE Human Biology and Organic Chemistry I & II short courses. Those with a pass in the HKCEE Chemistry and Biology OR have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent will be exempted.

$ HK$21,000 (whole certificate); HK$7,000 (module E only)
Application to Module E only is permitted to graduates from this certificate before 2009.
Application Fee: HK$150 (Non-refundable)

D 9 months English

- Mon, & Thur 6:45pm - 9:45pm; and occasionally Sat afternoons (Module A to D)
- Sat afternoons (Module E)

HKU SPACE Learning Centre (Usually Fortress Hill, Admiralty, Causeway Bay, North Point / HKU Campus)

Q Level 5 (Reg. No.: 08/001675/5) Validity Period: 01 Nov 2008 – on-going

Application Deadline	17 Jul 2020
Commencement Date	28 Sep 2020

See legend on page 2 & 8
圖像說明於第2及8頁

Foundation Certificate in Nutrition (Weight Management)
Programme Code: HS006A

Application Code: 1845-HS006A

2975 5881 barry.ho@hkuspace.hku.hk

This programme is designed to enable those who have an interest in nutrition to gain up-to-date knowledge and develop skills to achieve a healthy weight. This programme is also suitable for both nurses and allied health workers working with overweight or underweight patients and employees of fitness, health and beauty centres where clients wish to achieve ideal body weight.

R Applicants shall have:
1. (a) gained in the HKCEE Grade E in four subjects or equivalent qualifications and Level 2 in English Language*; OR
   (b) gained in the HKDSE Examination Level 2 in five subjects including English Language;
OR
2. reached the age of 21 or above with working experience.

*With effect from 2007, HKU SPACE recognises Grade E previously awarded for Chinese Language and English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in these two subjects at HKCEE.

$ HK$7,900
Application Fee: HK$150 (Non-refundable)

D 5 months

Wed, 6:45pm - 9:45pm, and some Sat afternoons

HKU SPACE Learning Centre (Causeway Bay / Fortress Hill / North Point)

Cantonese supplemented with English. Teaching materials and assessments will be in English.

Q Level 2 (Reg. No.: 16/000267/L2) Validity Period: 07 Apr 2016 - on-going

Application Deadline	17 Jul 2020
Commencement Date	16 Sep 2020

長者營養及膳食管理基礎證書
課程編號：HS144A

報名代碼: 1850-HS144A

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本課程旨在教導學員認識基本營養學飲食原則、了解長者的生理變化及營養需要、及透過健康的膳食來預防疾病。本課程尤其適合需要照顧長者的人士，例如安老院和日間護理中心的職工、護士和其他專職醫療人員。本課程也歡迎任何對長者營養及膳食管理有興趣的人士報讀。

R 申請者須：
甲．(i) 完成香港中學會考課程；或
(ii) 完成香港高中課程；或
(iii) 具同等學歷
或
乙．年滿21歲並具一年工作經驗。

$ HK$7,000
年長學員優惠：HK$5,600 (60歲以上學員報讀課程可享八折學費優惠，部分課程的優惠學額有限。學員必須親身報名及於報名時出示身分證或護照，以核實年齡，方可享受此優惠。)
報名費用: HK$150（取錄與否，恕不退還）

D 5個月

逢週三，6:45pm – 9:45pm

香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）

以粵語為主。所有教材，考試及功課均以中文教授。

Q 資歷架構級別：2 資歷名冊登記號碼：16/000937/L2
資歷名冊登記有效期：2016年11月14日 - 持續有效

截止報名日期	2020年8月15日
開課日期	2020年10月14日

應用營養學及營養補充劑基礎證書
課程編號：HS008A

報名代碼: 1855-HS008A

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隨著大眾日益關注飲食對健康和疾病的影響，現代膳食要求已不單顧及營養需求，更注重其他功效，如預防疾病及提升健康狀況等。因此，健康食品和營養補充品的需求越來越大。本課程旨在教導學員認識基本營養學飲食原則、介紹各種常見疾病、體重管理的營養需求，並涵蓋流行營養補充劑的應用，以提升學員的基礎營養學知識。

R 申請者須：
甲．(i) 完成香港中學會考課程；或
(ii) 完成香港中學文憑試課程；或
(iii) 具同等學歷
或
乙．年滿21歲並具一年工作經驗。

$ HK$8,600
年長學員優惠：HK$6,880(60歲以上學員報讀課程可享八折學費優惠，部分課程的優惠學額有限。學員必須親身報名及於報名時出示身分證或護照，以核實年齡，方可享受此優惠。)
報名費用：HK$150（取錄與否，概不退還）

D 5個月

逢週三，6:45pm – 9:45pm；及間中星期六下午

香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）

以粵語為主。所有教材，考試及功課均以中文教授。

Q 資歷架構級別：2 資歷名冊登記號碼：14/003526/L2
資歷名冊登記有效期：2014年10月20日 - 持續有效

截止報名日期	2020年9月
開課日期	2020年11月

體育及運動營養學基礎證書
課程編號：HS153A

報名代碼: 1840-HS153A

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本課程定位於入門級別，旨在教導學員認識基本營養學的飲食原則、了解恆常運動人士及運動員的營養需求、介紹各種實用的運動飲食策略和運動營養補充劑的應用，使學員能為恆常運動人士及運動員提供簡單的營養建議，並明白有需要時須轉介運動專科營養師跟進。

R 申請者須：
甲．(i) 完成香港中學會考課程；或
(ii) 完成香港中學文憑試課程；或
(iii) 具同等學歷。或
乙．年滿21歲並具一年工作經驗。

$ HK$7,950
報名費用: HK$150（取錄與否，恕不退還）

D 4個月

逢周二、周四，6:45pm – 9:45pm；及間中星期六下午

香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）

粵語，中文教材，考試及功課均以中文完成。

Q 資歷架構級別：2 資歷名冊登記號碼：18/000123/L2
資歷名冊登記有效日期：2018年3月9日 - 持續

截止報名日期	2020年6月9日
開課日期	2020年8月4日

NCR1 This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR2 These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR3 The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育（規管）條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

中西營養食療證書
課程編號：HS170A

報名代碼：1865-HS170A

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本課程為一門跨學科的中西營養課程，旨在為對中西營養學有興趣的人士，提供基礎營養學和中醫食療理論方面的知識。透過多元化的活動，讓學員將營養學和中醫食療的原理應用於設計及烹調營養膳食。

R 申請者須：
甲．(i) 完成香港中學會考課程；或
(ii) 完成香港中學文憑試課程；或
(iii) 具同等學歷
或
乙．年滿21歲並具一年工作經驗。

申請人若持有其他同等資格和中醫或營養相關的工作經驗，學院將按個別情況考慮。

$ HK$12,800
報名費用：HK$150（取錄與否，概不退還）

D 9個月

逢週四，6:45pm – 9:45pm；及間中星期六下午

香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）

粵語，中文教材，考試及功課均以中文完成。

Q 資歷架構級別：3 資歷名冊登記號碼：19/001152/L3
資歷名冊登記有效期：2019年10月15日 - 持續有效

截止報名日期	2020年12月4日
開課日期	2021年1月7日

Executive Certificate in Foundational Nutrigenomics and Personalised Nutrition
Programme Code: EP121A

Application Code: 1880-EP121A

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Individuals with different genetic make-up can respond differently towards the same food. Nutrigenomics is the science to understand how nutrients interact with human genes, with the ultimate goal of providing personalised nutrition advice according to one's own genes.

This course aims to equip students with the knowledge of genetics and the cutting-edge technologies applied in nutrigenomics that are useful for interpretation of the test results in relation to personalised nutrition.

By attending the course, Hong Kong Dietitians Association (HKDA) members will be awarded 10 core points.

R Applicants shall hold:
- A bachelor's degree in Biology, Nutrition and related areas* awarded by a recognised university; or
- An Associate Degree / a Higher Diploma in Biology, Nutrition and related areas* or equivalent, and have at least 2 years of work experience.

All applicants are required to provide evidence of English proficiency, such as
- HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; or
- HKDSE Examination English Language at Level 2; or
- Equivalent qualifications

Remarks: * Degree / Associate Degree / Higher Diploma in other disciplines will be considered on an individual basis.

$ HK$5,880
Application Fee: HK$150 (Non-refundable)

D 3 months

Wed, 7:00pm - 10:00pm; occasionally some Sat afternoons

HKU SPACE Learning Centre (usually Fortress Hill, Causeway Bay, Admiralty)

English

Application Deadline	3 Feb 2021
Commencement Date	8 Apr 2021

Human Biology and Organic Chemistry I
Programme Code: SC398A

Application Code: 1860-SC398A

2975 5881 barry.ho@hkuspace.hku.hk

The aim of this programme is to provide students the fundamental knowledge of biology and chemistry. This will equip them with the science foundation to further their studies in the field of biological sciences.

R Applicants shall:
I. (a) hold a HKCEE with Grade E or above in 4 subjects; or
(b) hold a HKDSE Level 2 or above in 4 subjects
AND
II. provide evidence of English proficiency, such as
(a) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or
(b) have gained in the HKDSE Level 2 in English Language.

$ HK$5,500

D 3 months

- Mon, 7:00pm - 9:30pm and
- Thur, 7:00pm - 9:30pm; some Sat afternoons

HKU SPACE Learning Centre (usually Fortress Hill, Causeway Bay or North Point)

English

Application Deadline	14 Nov 2020
Commencement Date	2 Dec 2020

Human Biology and Organic Chemistry II
Programme Code: SC399A

Application Code: 1880-SC399A

2975 5881 barry.ho@hkuspace.hku.hk

The aim of this programme is to provide students with the basic knowledge in human biology and chemistry which will prepare them for further studies in the field of food and nutrition and related disciplines.

R Applicants shall:
I. have successfully completed HKU SPACE Human Biology and Organic Chemistry I short course or equivalent; or
II. (a) (i) have gained in the HKCEE Grade E or above in 4 subjects and have taken Biology and Chemistry; or
(ii) have gained in the HKDSE Level 2 or above in 4 subjects and have taken Biology and Chemistry
AND
(b) provide evidence of English proficiency, such as:
(i) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or
(ii) have gained in the HKDSE Level 2 in English Language.

$ HK$6,500

D 3.5 months

- Mon, 7:00pm - 9:30pm and
- Thur, 7:00pm - 9:30pm; some Sat afternoons

HKU SPACE Learning Centre (Usually Fortress Hill, Causeway Bay or North Point)

English

Application Deadline	Feb 2020
Commencement Date	Apr 2020

R Minimum Entry Requirements 基本入學要求（P.340） $ Fee 學費 D Duration 修業期 Date/Time 日期/時間 Venue 地點
Tutor 導師 Medium of Instruction 教學語言 Q Qualifications Framework 資歷架構 E Exemption 豁免 S Short Course 短期課程

See legend on page 2 & 8
圖像說明於第2及8頁

Understanding Food and Nutrition
Programme Code: DFNS9018

2975 5881

barry.ho@hkuspace.hku.hk

60+

This course is designed for individuals who have an interest in food, nutrition and health. It will provide them with a better understanding of a balanced diet and its importance for health and disease prevention.

HK$2,500
Third Age Rate : HK$2,000 (The course offers 20% discount for aged 60 or above. The number of discount places available in some courses is subject to a quota. Third age learners must apply in person and present their HKID card/Passport for age verification at the time of their course enrolment.)

8 weeks

- Thur, 7:00pm - 9:00pm
- Sat, 10:00am - 12:00pm

Registered Dietitian

HKU SPACE Learning Centre (Causeway Bay / Fortress Hill / North Point)

Cantonese supplemented with English. Teaching materials will be in English.

Application Code: 1845-2915NW

Application Deadline	7 Aug 2020
Commencement Date	12 Sep 2020 (every Sat only)

Application Code: 1860-1094NW

Application Deadline	2 Nov 2020
Commencement Date	3 Dec 2020 (every Thur only)

Understanding Food and Nutrition II
Programme Code: SC400A

2975 5881

barry.ho@hkuspace.hku.hk

This is an extension programme of the HKU SPACE Understanding Food and Nutrition course. The course is designed for students who wish to broaden their knowledge on food and nutrition.

Successful completion of HKU SPACE Understanding Food and Nutrition.

HK$2,600

Thur, 7:00pm - 9:00pm

9 weeks

Registered Dietitian

HKU SPACE Learning Centre (Causeway Bay / Fortress Hill / North Point)

Cantonese (supplemented with English). Teaching materials and written test will be in English.

Application Code: 1875-SC400A

Application Deadline	16 Feb 2021
Commencement Date	11 Mar 2021

Application Code: 1940-SC400A

Application Deadline	9 Jul 2021
Commencement Date	12 Aug 2021

產前飲食及營養
課程編號：DFNS9001

報名代碼：1865-1273NW

2975 5881

barry.ho@hkuspace.hku.hk

婦女在懷孕初期便應加倍注意日常飲食及營養攝取，以確保胎兒得到適當營養，能健康地生長發育。同時，孕婦應適當地控制體重，以預防嬰兒出現過重/過輕，甚至患病或夭折的情況。本課程會講解懷孕婦女在不同階段的營養需求，針對孕婦常見飲食問題，提出適當的飲食建議及指引。本課程適合懷孕婦女及其親屬或任何有興趣人士參加，無需特別學歷要求。

HK$700

逢週二，7:00pm – 9:00pm

3個星期

以粵語為主

香港大學專業進修學院（銅鑼灣 / 炮台山 / 北角）

註冊營養師

截止報名日期	2020年12月15日
開課日期	2020年1月5日

嬰兒及幼兒營養飲食課程
課程編號：DFNS9002

報名代碼：1875-1070NW

2975 5881

barry.ho@hkuspace.hku.hk

充足營養及均衡飲食對嬰兒及幼兒的健康成長尤其重要。本課程將探討初生嬰兒至幼兒的不同營養需求，並針對嬰兒及幼兒常見的營養問題，提出相關的飲食建議。本課程適合初生嬰兒至6歲兒童之家長及其親屬、監護人、兒童教育工作者或任何有興趣人士參加。

HK$800

逢週二，7:00pm – 9:00pm

3個星期

廣東話

香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）

註冊營養師

截止報名日期	2021年2月16日
開課日期	2021年3月9日

NCR[1] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR[2] These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR[3] The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

體育及運動營養學入門 S
課程編號：DFNS9005

2975 5881 | barry.ho@hkuspace.hku.hk

適當營養可提升做運動時的表現。本課程旨在讓學員對運動的營養需求有進一步認識及了解傷患的防治。特別適合運動愛好者、在職或業餘體育及運動人士就讀，包括體育教師、運動教練、體適能教練、運動員、運動愛好者等。

$ HK$1,800
D 5個星期
逢周二，7:00pm - 9:00pm / 7:00pm - 8:30pm (其中3節為2小時，2節為1.5小時)
香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）
註冊營養師及註冊物理治療師
廣東話

報名代碼：1845-1051NW

截止報名日期	2020年7月27日
開課日期	2020年9月1日

報名代碼：1875-1074NW

截止報名日期	2021年2月9日
開課日期	2021年3月2日

體育及運動營養學進階 S
課程編號：DFNS9034

2975 5881 | barry.ho@hkuspace.hku.hk

此課程是「體育及運動營養學入門」短期課程的延續，讓學員更進一步了解運動營養學。本課程旨在教授學員透過正確的運動營養知識加快學員運動後的恢復、認識特殊族群運動營養的需要及特別環境下運動的額外營養需求。

$ HK$1,800
逢周二，7:00pm – 9:00pm
D 6個星期
廣東話
香港大學專業進修學院教學中心（銅鑼灣/炮台山/北角）
註冊營養師

報名代碼：1850-1026NW

截止報名日期	2020年9月4日
開課日期	2020年10月13日

報名代碼：1880-1100NW

截止報名日期	2021年4月6日
開課日期	2021年4月27日

流行食品補充劑及健康 S
課程編號：DFNS9006

2975 5881 | barry.ho@hkuspace.hku.hk

隨著大眾對飲食與健康日益關注，健康食品和營養補充劑的需求愈來愈大。本課程旨在探討香港市面常見的食物補充劑的成份和功用。本課程適合食品行業市場人士(例如推廣員及銷售員)、及任何對營養及食品補充劑有興趣人士報讀。

$ HK$1,800
年長學員優惠：HK$1,440 (60歲以上學員報讀課程可享八折學費優惠，部分課程的優惠學額有限。學員必須親身報名及於報名時出示身分證或護照，以核實年齡，方可享受此優惠。)
D 5個星期
廣東話
逢周四，7:00pm - 9:00pm / 7:00pm - 8:30pm (其中3節為2小時，2節為1.5小時)
香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）
註冊營養師及註冊中醫師

報名代碼：1840-1020NW

截止報名日期	2020年7月8日
開課日期	2020年8月13日

報名代碼：1875-1077NW

截止報名日期	2021年2月9日
開課日期	2021年3月4日

食品標籤及條例 S
課程編號：DFNS9008

2975 5881 | barry.ho@hkuspace.hku.hk

在香港出售的預先包裝食物均受香港法例管制，要加上適當的食品及營養標籤。食品製造商、生產商及入口商均需要認識最新法例，以確保食品符合準則。另一方面，市民大眾亦可透過正確解讀營養標籤，揀選適合自己的食物種類和分量。本課程旨在教導學員計算及正確解讀營養標籤的方法，以及介紹最新的法例。

$ HK$2,400
逢週四，7:00pm – 9:00pm
D 8個星期
廣東話
香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）
註冊營養師

報名代碼：1840-1024NW

截止報名日期	2020年6月27日
開課日期	2020年8月6日

報名代碼：1875-1077NW

截止報名日期	2021年1月28日
開課日期	2021年2月18日

See legend on page 2 & 8
圖像說明於第2及8頁

廚藝科學入門
課程編號：DFNS9033

2975 5881 | barry.ho@hkuspace.hku.hk

每一樣食材在處理和烹調期間都有獨特的物理和化學變化，掌握烹調背後的科學變化和原理，就可以探索如何製作出色香味俱全又營養豐富的食物。本課程旨在使學員了解食物烹調時的科學變化，增進廚藝，享受烹調的樂趣。

- HK$1,900
- 逢周三，7:00pm – 9:00pm
- 5個星期
- 廣東話
- 香港大學專業進修學院教學中心（銅鑼灣 / 炮台山 / 北角）
- 食物科學家

報名代碼：1845-1054NW

截止報名日期	2020年8月5日
開課日期	2020年9月16日

報名代碼：1880-1097NW

截止報名日期	2021年3月17日
開課日期	2021年4月7日

抗衰老營養飲食與健康生活
課程編號：DFNS9032

2975 5881
barry.ho@hkuspace.hku.hk

近年「抗衰老」愈趨流行，已不是女士的專利。要對抗「衰老」，健康飲食是不二法門，透過飲食吸收足夠的營養素及抗氧化物，以抵抗自由基的對人體細胞的氧化攻擊。加上良好健康生活如定期運動及冥想沉思，對健康產生十分有益的影響。本課程適合任何對抗衰老營養飲食與健康生活有興趣人士。

- HK$1,440
- 逢周三、周五，6:45pm – 8:45pm
- 3個星期
- 香港大學專業進修學院教學中心 (銅鑼灣)
- 註冊營養師 (營養飲食)
- 廣東話

開課日期	待定

分子盆栽甜品工作坊
課程編號：DFNS9030

2975 5881 | barry.ho@hkuspace.hku.hk

分子料理是近年烹飪的新潮流。學員將透過理解食物的物理或化學變化，於課程中實習分子料理的烹調方法。此工作坊教授學員運用分子料理的烹調技術製作朱古力泥，並將之塑造成盆栽型甜品。

- HK$600 (包括材料)
- 逢週六，2:30pm – 5:30pm
- 3小時
- 廣東話
- 港大保良社區書院之食物及營養學實驗室 (銅鑼灣)

開課日期	待定

分子料理體驗工作坊
課程編號：DFNS9031

2975 5881 | barry.ho@hkuspace.hku.hk

本課程旨在介紹食物的構造及烹飪的科學原理，以及其應用於分子料理之中。

工作坊讓學員嘗試把食材的味道、口感、質地、外觀完全分解，並重新「組合」成一道新的菜式，並研究如何把分子料理應用於日常烹調之中。

- HK$600 (包括材料)
- 逢週六，2:30pm – 5:30pm
- 3小時
- 廣東話
- 港大保良社區書院之食物及營養學實驗室 (銅鑼灣)

開課日期	待定

健康烹調工作坊
課程編號：DFNS9014

2975 5881 | barry.ho@hkuspace.hku.hk

現代人生活繁忙，導致不良飲食習慣及往往忽略了自身健康。此課程旨在教導都市人基本營養學原則及了解健康飲食，並示範如何透過簡單的烹調方法，製作出美味而健康的菜色。

- HK$1,800（包括三節工作坊的食物材料）
- 逢週二，7:00pm – 9:00pm
- 4個星期
- 以粵語為主
- 港大保良何鴻燊社區書院食物及營養學實驗室
- 吳汝澄女士

開課日期	待定

成人體重控制小組（初級班）

3761 1008 | dietclin@hkuspace.hku.hk

本小組由註冊營養師主理，內容包括個別體重及身體脂肪分析、保持健康體重與控制飲食的方法、出外飲食建議、食品標籤解讀、建議食譜及食譜改良法等（不包括個別餐單 / 建議）。此外，專業健體教練將提供體重控制的運動指引。每組名額七人。

- 對健康飲食及體重控制有興趣的人士
- HK$1,280；HK$1,152〔優惠適用於香港大學 / 香港大學專業進修學院員工 / 學生（需持有效學生證），香港大學專業進修學院校友會會員，60歲或以上年長學員〕
- 共5講，每周1講
- 逢周四，7:00pm – 8:00pm
- 北角城教學中心4樓403室（營養學治療及教研中心）
- 學員請先致電或電郵至營養學治療及教研中心，留下姓名、聯絡電話和小組日期作報名之用。

截止報名日期	2020年10月15日
開課日期	2020年10月29日

NCR1 This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR2 These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR3 The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育（規管）條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Dietetics, Food & Nutrition
食品及營養學

成人體重控制小組（中級班） S

3761 1008　dietclin@hkuspace.hku.hk　60+

修畢成人體重控制小組（初級班）的學員，相信對於健康飲食方面已有一定認識。如想對均衡飲食有更進一步瞭解，成人體重控制小組（中級班）可提供更多實用的營養知識，助學員輕鬆踏上健康人生路。每組名額七人。

R 修畢成人體重控制小組（初級班）

$ HK$1,280；HK$1,152〔優惠適用於香港大學 / 香港大學專業進修學院員工 / 學生（需持有效學生證），香港大學專業進修學院校友會會員，60歲或以上年長學員〕

D 共5講，每周1講　逢周四，7:00pm – 8:00pm

北角城教學中心4樓403室（營養學治療及教研中心）

! 請先致電或電郵至營養學治療及教研中心，留下姓名、聯絡電話和小組日期以報名之用。

截止報名日期	2020年11月26日
開課日期	2020月12月20日

運動營養小組 S

3761 1008　dietclin@hkuspace.hku.hk　60+

本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人士而設，讓學員有充分機會探討自身運動及相關的營養課題。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

$ HK$1,280；HK$1,152〔優惠適用於香港大學 / 香港大學專業進修學院員工 / 學生（需持有效學生證），香港大學專業進修學院校友會會員〕

D 共4講，每周1講　逢周二，7:00pm – 8:00pm

北角城教學中心4樓403室（營養學治療及教研中心）

! 學員請先致電或電郵至營養學治療及教研中心，留下姓名、聯絡電話和小組日期以作報名之用。

截止報名日期	2020年9月1日
開課日期	2020年9月15日

防癌健康飲食小組 S

3761 1008　dietclin@hkuspace.hku.hk　60+

都市人的飲食模式會提高患癌風險？進食某些食物會致癌？註冊營養師會為學員拆解常見的防癌飲食謬誤，並提供防癌飲食建議和指引，助學員實踐健康飲食，以達至預防癌症之效。（不包括為個別人士提供餐單 / 建議）

$ HK$960；HK$864〔優惠適用於香港大學 / 香港大學專業進修學院員工 / 學生（需持有效學生證），香港大學專業進修學院校友會會員，60歲或以上年長學員〕

D 共4講，每講1小時　逢周四，7:00pm – 8:00pm

北角城教學中心4樓403室（營養學治療及教研中心）

! 學員請先致電或電郵至營養學治療及教研中心，留下姓名、聯絡電話和小組日期以作報名之用。

截止報名日期	2020年9月24日
開課日期	2020年10月8日



Dietetic Clinic for Teaching and Research

The HKU SPACE **Dietetic Clinic for Teaching and Research** first opened in March 2001 and provides nutrition consultations to the general public. Our experienced dietitians are able to offer dietary advice in a range of areas including balanced diet and healthy eating, weight management, dietary management of diabetes, cholesterol-lowering diets etc. to people of all ages.

Types of Services

Individual Nutrition Consultation

Individualised tailor-made advice will be given for health conscious individuals (adult or child), with or without health conditions, to improve dietary and lifestyle pattern to optimise health status.

Our dietitians will

- evaluate your weight and body composition
- review your diet
- provide tailored dietary advice, and menu plans
- provide solutions to encountered barriers in follow-up sessions

Dietgenomix – Genetic test for personalised diet

Personalised diet plan will be designed according to your genetic test results

Nutrition Workshops

Learning in groups offers perfect opportunities to interact and gain support from your peers through discussion and sharing. Our dietitians and other trained professionals will provide you with professional advice and practical tips to overcome common barriers in improving your diet and maximise your exercise performance. For details, please refer to P. 228-229.

Other Services

- Nutrition Therapy and Health Check Plans
- Exercise and Nutrition Referral Scheme

Appointment and enquiries: 3761 1008

Address: Room 403, 4/F., Fortress Tower, 250 King's Road, North Point, Hong Kong (Fortress Hill MTR station, Exit B).

* Discounts are offered to HKU SPACE/HKU staff and students with valid student cards and HKU SPACE ALUMNI members.

Every effort has been made to ensure the contents of this prospectus are correct and up-to-date at the time of printing. HKU SPACE Dietetic Clinic for Teaching and Research reserves the right to update the contents of the Prospectus at any time without further notice and this prospectus does not form part of a contract between the patient and the Clinic. Please contact the Clinic to get the most up-to-date information.

3761 1008

dietclin@hkuspace.hku.hk

http://hkuspace.hku.hk/dietetic-clinic

營養學治療及教研中心

營養學治療及教研中心於 2001年 3 月開辦，由註冊營養師主理，為公眾提供飲食及營養諮詢服務。

服務範圍

個別營養諮詢

為關注健康的成年人或兒童提供飲食建議 (包括健康人仕及有各種健康問題的人士)，以改善飲食和生活模式來提升健康質素。

註冊營養師諮詢包括

- 測量體重及脂肪比率
- 分析飲食模式
- 提供個別的飲食建議及餐單
- 跟進會面時，調整餐單及提供飲食問題的解決方法

基因檢測及個性化飲食

透過分析個人的營養基因信息，營養師從而為客人度身訂造的營養及飲食建議

營養小組 / 工作坊

小組學習形式為你提供討論和分享的機會和得到相關支援。同時，註冊營養師及其他專業人士會提供專業的建議和實用的小貼士，以助你解決在改善飲食習慣和提升運動表現時所遇到的困難。詳情請參閱第 228-229 頁。

其他服務

- 營養治療及健康檢查計劃
- 運動營養推薦計劃

預約及查詢詳情：3761 1008

地址：香港北角英皇道 250 號北角城中心 4 樓 403 室（港鐵炮台山站 B 出口）

* 香港大學專業進修學院／香港大學職員及學生（須持有效學生證）及香港大學專業進學院 校友會會員可獲折扣優惠。

課程手冊的內容為印刷時準確的資料，惟香港大學專業進修學院營養學治療及教研中心保留隨時更新內容的權利而不作另行通知。故此手冊內容並不構成求診人與治療及教研中心之間的契約。如需查詢最新資訊，請與本中心聯絡。

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NCR[1] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，本課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR[2] These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育（規管）條例》，這些課程屬獲豁免課程。
It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

NCR[3] The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育（規管）條例》辦理豁免註冊手續。
It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。