

COLLEGE OF LIFE SCIENCES AND TECHNOLOGY

Dietetics, Food and Nutrition

Health / Nutrition

健康 / 營養學

Advanced Certificate and Advanced Diploma programmes

高等文憑及高等證書課程

2019 Spring

Programme Coordinators:

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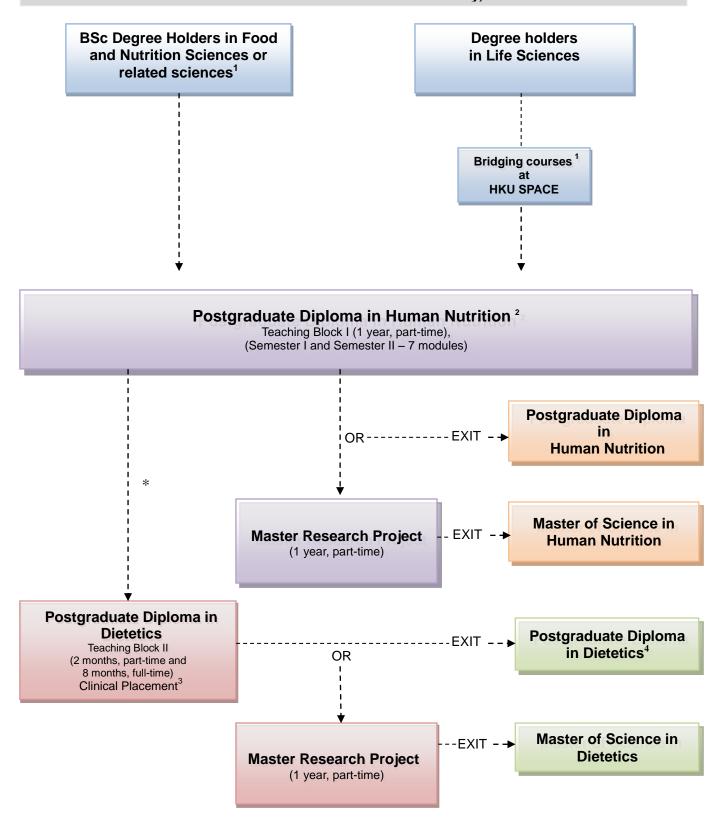




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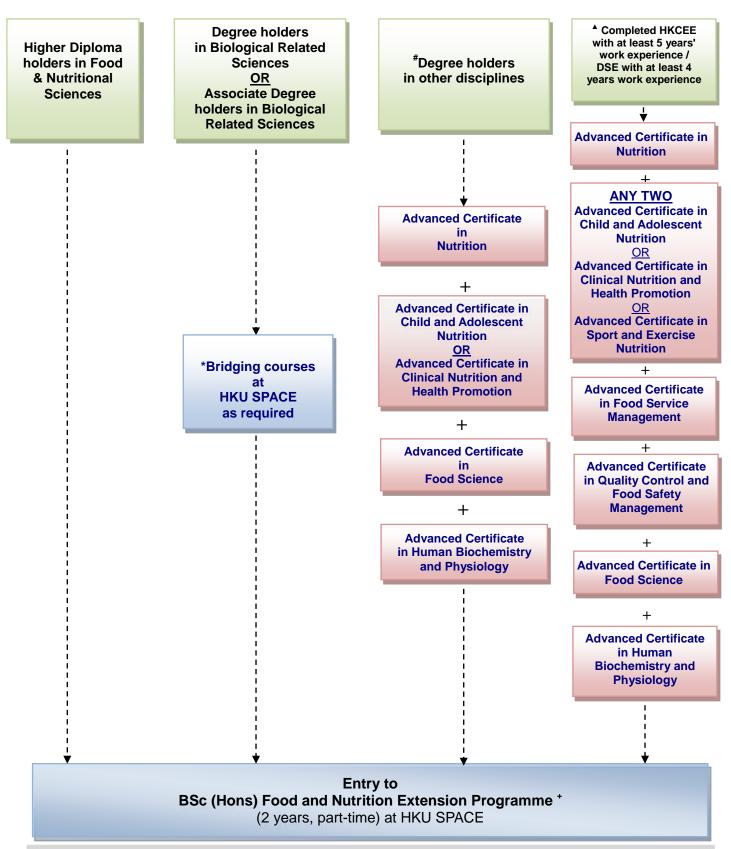
Progression route towards MSc in Human Nutrition/ MSc in Dietetics PgDip in Human Nutrition/ PgDip in Dietetics in collaboration with Ulster University, U.K.



- * For students who are successfully selected for progression to PgDip in Dietetics
- 1. For BSc degree holders in related science field, completion of bridging courses may be required.

 This "bridging courses" is to be advised by the programme team, based on the applicants' academic background.
- 2. Selection will be based on academic excellence and an interview.
- 3. Depending on the availability of clinical placements, students may be required to defer entry into clinical placements.
- 4. Holders of the PgDip in Dietetics fulfill the criteria for employment as dietitians by the Hospital Authority, HK. Graduates are eligible to apply for registration as dietitians with the Health and Care Professions Council (HCPC),UK. The above exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.

Progression route towards BSc (Hons) Food and Nutrition extension programme in collaboration with Ulster University, U.K.



- [▲] 5 HKCEE passes or 5 DSE passes or equivalent AND proficiency in English (e.g. HKCEE English Language (Syll. B) at Grade E or (Syll. A) at grade C or (in or after 2007) at Level 2 or HKDSE English Language at level 2 or equivalent.
- * "Bridging courses" to be advised by programme team, based on the applicant's academic background. (e.g. Applicants with limited knowledge in food science are required to study Advanced Certificate in Food Science prior to entry to the BSc (Hons) Food and Nutrition Programme.)
- # Degree holder in other disciplines who have successfully completed the HKU SPACE programmes namely Advanced Certificate in Nutrition, Advanced Certificate in Child & Adolescent Nutrition or Advanced Certificate in Clinical Nutrition & Health Promotion, Advanced Certificate in Food Science and Advanced Certificate in Human Biochemistry & Physiology, will normally have satisfied the entry requirements.
- + This is an exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognize any qualification to which this course may lead.

HUMAN BIOLOGY AND ORGANIC CHEMISTRY I 人類生物及有機化學 I

Course code: SC398A / DFNS9012 Application code: 1760-SC398A

The aim of this programme is to provide students with the fundamental knowledge of biology and chemistry. This will equip them with the science foundation to further their studies in the field of biological sciences.

Programme Objectives

On completion of the programme, students should be able to:

- (a) describe the basic concepts and principles of chemistry and biology;
- (b) appreciate the applications of biology and chemistry with respect to living organisms;
- (c) prepare students to undertake further studies in related areas in particular, the HKU SPACE Human Biology and Organic Chemistry II short course.

Programme Structure and Content

Total teaching hours is approximately 40 and extends over a period of approximately 3 months. There will be a 2-hour written test at the end of each module. Students will be required to pass both tests.

<u>Introductory Chemistry module</u> - Understanding of matters, elements and compounds; atoms and subatomic

particles, periodic table; physical and chemical properties of substances; chemical bondings; acids and alkalis; oxidation and reduction, electrolysis.

Introductory Biology module - Introduction to biological molecules; the structure of cell and its activities;

transportation of biological molecules; nutrients and balanced diet;

generation of biochemical energy; cellular homeostasis; reproduction.

Target Students

- 1. Students without HKCEE/HKDSE chemistry and/or biology are required to take this course in order to be eligible to apply for HKU SPACE Human Biology and Organic Chemistry II short course.
- 2. Students who wish to further their studies in food and nutrition but have minimal exposure to related sciences (chemistry and biology) e.g. those who plan to study the HKU SPACE Advanced Certificate in Nutrition.

Admission Requirements

Applicants shall:

- I. (a) hold a HKCEE with Grade E or above in 4 subjects or
 - (b) hold a HKDSE Level 2 or above in 4 subjects

AND

II. provide evidence of English proficiency, such as

- (a) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or
- (b) have gained in the HKDSE Level 2 in English Language.

Articulation Pathway

Students who have successfully completed this Level I course will be eligible to apply for the HKU SPACE Human Biology and Organic Chemistry II short course.

Medium of Instruction	English
Award	Students who complete the course with a minimum of 80 % attendance rate and pass ALL written tests will be awarded a Statement of Achievement by HKU SPACE.
Time and Venue	Mon and Thurs 7:00pm-9:30pm and some Saturday afternoons 2:30pm–5:30pm HKU SPACE Learning Centre (Causeway Bay, Fortress Hill or North Point)

Course Fee

	Course fee:	HK\$5,500
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Date of Commencement	2 Dec 2019
Deadline for Application	31 Oct 2019

HUMAN BIOLOGY AND ORGANIC CHEMISTRY II

人類生物及有機化學 II

Course code: SC399A / DFNS9013 Application code: 1780-SC399A

The aim of this programme is to provide students a basic knowledge in human biology and chemistry that will prepare them for further studies in the field of food and nutrition and related disciplines.

Programme Objectives

On completion of the programme, students should be able to:

- (a) understand the fundamental principles of molecules, cells and diseases;
- (b) demonstrate the ability to grasp the concepts of chemistry and its relationship to the biological systems;
- (c) undertake further studies in biological sciences in particular, the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology.

Programme Structure and Content

Total teaching hours is approximately 50 and extends over a period of approximately 3.5 months. There will be a 2 hour written test at the end of each module. Students will be required to pass both tests.

Organic Chemistry module - Bonding and structure of chemical compound; Chemical energetics; Chemical

kinetics; Chemical equilibrium; Functional groups in organic chemistry; Electrophilic and nucleophilic reactions; Introduction to stereochemistry and chirality; The importance of stereochemistry and chirality in biological system and

pharmaceutical industry.

<u>Human Biology module</u> - Nutrition, health and disease; Digestive system; Respiratory system; Circulatory

system; Basic immunology; Chemical messengers; Endocrine and nervous system;

Growth and development; Introduction to genetics.

Target Students

- I. Students who have basic understanding in chemistry and/or biology e.g. those who have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course, and wish to further their studies in biological sciences, in particular, the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology.
- II. Students who have taken HKCEE/HKDSE Biology and/or Chemistry and would like to take this course as a review course to strengthen their knowledge in the field.

Admission Requirements

Applicants shall:

- I. have successfully completed HKU SPACE Human Biology and Organic Chemistry I short course or equivalent; or
- II. (a) (i) hold a HKCEE with Grade E in 4 subjects and have taken Biology and Chemistry; or
 - (ii) hold a HKDSE Level 2 or above in 4 subjects and have taken Biology and Chemistry

<u>AND</u>

- (b) provide evidence of English proficiency, such as
 - (i) have gained in the HKCEE Grade E or Level 2 in English Language (Syllabus B); or
 - (ii) have gained in the HKDSE Level 2 in English Language.

Articulation Pathway

Students who have successfully completed this Level II course will be eligible to apply for the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology.

Medium of Instruction	English
Award	Students who complete the course with a minimum of 80 % attendance rate and pass ALL written tests will be awarded a Statement of Achievement by HKU SPACE.
Time and Venue	Mon and Thurs 7:00pm – 9:30pm and some Saturday afternoon 2:30pm – 5:30pm. HKU SPACE Learning Centre (Causeway Bay, Fortress Hill or North Point)

Course Fee

Date of Commencement	Apr 2020
Deadline for Application	Mar 2020

ADVANCED CERTIFICATE IN HUMAN BIOCHEMISTRY AND PHYSIOLOGY 人類生物化學及生理學高等證書

Course code: HS005A Application code: 1745-HS005A

Background

In response to the increasing awareness of health, food and nutrition within the community, HKU SPACE offers the Advanced Certificate in Human Biochemistry and Physiology, Advanced Diploma in Nutrition, the Advanced Diploma in Child and Adolescent Nutrition, the Advanced Diploma in Food Business Management, the Advanced Certificate in Food Science and the Advanced Certificate in Sport and Exercise Nutrition programmes. The Advanced Diploma/Certificate programmes are suitable for individuals who want to gain a better understanding of the principles of nutrition or for those who plan to pursue a career in nutrition.

In recent years, continued interest in food and nutrition has created a strong demand for professionals such as nutritionist and dietitians in the field. In view of this market demand, the Dietetics, Food and Nutritional Sciences team of HKU SPACE has developed a series of Advance Certificate programmes to serve as credit accumulation for individuals who wish to articulate to a degree in nutrition, such as the BSc (Hons) Food and Nutrition and MSc in Human Nutrition and Dietetics, offered by HKUSPACE in collaboration with the University of Ulster, UK. The team has been providing academic and professional training in the area of dietetics, food and nutrition for the past decade and achieved high recognition from both academic institutions and profession organizations.

For progression route, please refer to the flow charts on page 2 and 3.

Aims

This programme is designed to introduce the human biochemistry and physiology to the students. This programme provides an in-depth knowledge of human biochemistry and physiology at degree level. Graduates from this programme will have acquired concepts of biochemistry and physiology which will allow them to embark onto a degree in nutritional sciences

Programme Objectives

On completion of the programme, the students should be able to:

- a) interpret the body functions and relationships of major body systems with particular reference to human physiology.
- b) critically evaluate the relationship of biological function to chemical structure in humans.
- c) relate major metabolic pathways and control mechanisms of carbohydrates, proteins, lipids, and steroids in humans.
- d) critically evaluate, analyse and draw appropriate conclusions of research papers using statistical methods.
- e) critically evaluate and analyse journal papers and present information in a logical and scientific style.
- f) conduct experiments in biochemistry and physiology and present the experimental outcomes in a written report.

Admission Requirements

Applicants shall:

- I. (a) hold a bachelor's degree awarded by a recognised university; OR
 - (b) hold a higher diploma awarded by a recognised institution with at least 2 years work experience;

OR

- II. (a) hold an Advanced Certificate in Nutrition; AND
 - (b) hold an Advanced Certificate in Food Service Management; AND
 - (c) hold an Advanced Certificate in Quality Control and Food Safety Management; AND
 - (d) any TWO Advanced Certificates of the following:
 - Advanced Certificate in Child and Adolescent Nutrition; OR
 - Advanced Certificate in Clinical Nutrition and Health Promotion; OR
 - Advanced Certificate in Sport and Exercise Nutrition

AND

- (e) (i) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; OR
 - (ii) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience;

AND

- III. provide evidence of English proficiency, such as
 - (a) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; OR
 - (b) HKDSE Examination English Language at Level 2;

AND

have successfully completed the HKU SPACE Human Biology and Organic Chemistry I & II short courses. Those with a pass in the HKCEE Chemistry and Biology OR have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent will be exempted.

The articulation of this Advanced Certificate, together with other Advanced Diploma programmes, to the Postgraduate Diploma in Human Nutrition is restricted to degree holders only. The application to the Postgraduate Diploma in Human Nutrition will be considered on a case-by-case basis.

Programme Structure

The programme will be offered on a part-time basis. It focuses on human biochemistry and human physiology. Students will normally meet for two sessions per week. The programme consists of 5 modules:

Module A: Basic Human Physiology I Module D: Principles of Human Biochemistry II
Module B: Basic Human Physiology II Module E: Laboratory Practical in Human
Module C: Principles of Human Biochemistry I Biochemistry and Physiology

Remarks: Graduates who have successfully completed the Advanced Certificate in Human Biochemistry and Physiology before 2009 may apply to study module E only.

Teaching Staff

Lectures will be conducted by an experienced panel of academics and professionals in the field.

Mode of Delivery

The programme will be delivered through face-to-face seminars, class-interactive discussions, and laboratory practicals.

Assessment

Assessment for this programme is based on a combination of written examinations (Module A to D) and written reports on practical work (Module E).

Medium of Instruction	English
Award	A HKU SPACE Advanced Certificate in Human Biochemistry and Physiology will
	be awarded to successful candidates.
Time and Venue	Module A to D: Mondays and Thursdays 6:45 – 9:45 pm; and some Saturday
	afternoons
	Module E: Saturday afternoons
	(Whole certificate: for approximately 9 months)
	HKU SPACE Learning Centre (usually Admiralty, Causeway Bay, Fortress Hill)
	/ HKU Campus

Course Fee

Application fee:	HK\$150 (non-refundable)
Course fee:	Programme fee: HK\$21,000;
	Module E only: HK\$7,000.

Date of Commencement	16 Sep 2019
Deadline for Application	15 Jul 2019

ADVANCED DIPLOMA IN NUTRITION / ADVANCED DIPLOMA IN CHILD AND ADOLESCENT NUTRITION

Introduction

The two Advanced Diploma programmes are designed primarily for those who are required to gain a better understanding of the concepts of basic nutrition, health promotion and / or child and adolescent nutrition, such as nurses, teachers, health professionals and those working in the food industry. The programmes provide the opportunity for students to learn, analyse and critically evaluate basic and applied nutrition, food microbiology, clinical nutrition, health behavioral changes, nutrition for children and adolescents that are necessary to lead to further development in the related working industry or further continuing education and training in the relevant field.

Programme Structure

The programmes will be offered on a part-time basis. They are made up of two separate certificate programmes with an overall study hours of ~100 per certificate. Students will normally meet two evening sessions per week and occasional Saturday afternoons.

Advanced Diploma in Nutrition

The two advanced certificate programmes are:

- ➤ Advanced Certificate in Nutrition
- Advanced Certificate in Clinical Nutrition and Health Promotion

Advanced Diploma in Child and Adolescent Nutrition

The two advanced certificate programmes are:

- Advanced Certificate in Nutrition
- Advanced Certificate in Child and Adolescent Nutrition



Awards

After completion of an advanced certificate programme, a HKU SPACE advanced certificate will be awarded to successful candidates. On successful completion of the two advanced certificates (as shown below), students will be awarded an Advanced Diploma in Nutrition / Advanced Diploma in Child and Adolescent Nutrition, within the HKU system through HKU SPACE. On completion of all three certificates, students will be awarded altogether ONE Advanced Diploma and ONE Advanced Certificate within the HKU system through HKU SPACE (i.e. a Advanced Diploma in Nutrition and an Advanced Certificate in Child and Adolescent Nutrition OR an Advanced Diploma in Child and Adolescent Nutrition and an Advanced Certificate in Clinical Nutrition and Health Promotion.)

* The programmes do not provide a professional qualification in nutrition but rather give participants an understanding and basic knowledge in the field. Students may consider furthering their studies by completing the BSc (Hons) Food and Nutrition extension programme.

Articulation

Students who complete the Advanced Certificate in Nutrition and any two: Advanced Certificate in Clinical Nutrition and Health Promotion and/or Advanced Certificate in Child and Adolescent Nutrition and/or Advanced Certificate in Sports and Exercise Nutrition together with Advanced Diploma in Food Business Management, the Advanced Certificate in Human Biochemistry and Physiology, Advanced Certificate in Food Science and other bridging courses are eligible for entry into the two years part-time BSc (Hons) Food and Nutrition extension programme offered by HKU SPACE in collaboration with the Ulster University, U.K. (see page 3)

ADVANCED CERTIFICATE IN NUTRITION 營養學高等證書

Course code: HS001A Application code: 1735-HS001A

Objectives

On completion of the programme, students will be able to:

- ➤ describe the main functions of nutrients in the body and explain how inadequate and excessive nutrient intake can contribute to ill health.
- > discuss the role of nutrition in health at each stage of the lifecycle.
- > examine and evaluate the impact of food-borne microorganisms in relation to health and disease.
- > evaluate the food intake of a healthy adult and propose dietary changes to improve nutritional quality.

Programme outline

Module A - Basic principles of nutrients

The module will cover an introduction to nutrition: digestion, absorption, transportation and excretion of nutrients; cell metabolism, energy balance; macronutrients: fats, proteins and carbohydrates; micronutrients: vitamins, minerals, trace elements and fiber; measuring food intakes; nutrient analysis; evaluating scientific information

Module B - Introduction to applied nutrition

The module examines the following major topics: basic principles on balanced diet; nutrition in the life cycle: pregnancy, lactation, infancy, adolescent and elderly; sports nutrition; nutrition assessment; vegetarianism; health food and vitamin supplementation; food labeling and nutrition policy; nutrition and ethnic minority groups; diet and oral health

Module C - Food microbiology and food safety

The module will provide a foundation for food microbiology, methods of food preservation and their underlying principles and mechanisms of food spoilage, public health aspects of food, the significance of micro-organisms in health and disease and its control.

ADVANCED CERTIFICATE IN CLINICAL NUTRITION AND HEALTH PROMOTION 臨床營養學及健康推廣高等證書

Course code: HS002A Application code: 1735-HS002A

Objectives

On completion of the programme, students will be able to:

- > identify components in nutritional assessment and conduct preliminary evaluation of an individual's nutritional status;
- > interpret dietary plan for the prevention and treatment of nutrition related diseases;
- > make scientific judgments on the accuracy of information about diet and diseases;
- > evaluate various health promotion strategies and identify suitable nutrition focused activities;
- design and evaluate nutrition promotion activities.

Programme outline

Module A - Clinical nutrition

This module will cover the health and the environment; epidemiology of chronic disease; diagnosis, treatment and nutritional management of common diseases such as diabetes, cardiovascular disease, obesity, cancer, renal disorders, liver disease; drug nutrient interactions; nutritional assessments of individuals; nutritional requirements of the very ill; enteral nutrition.

Module B - Health behavioral changes

This module examines the psychology of health and illness; behaviour models/behaviour change strategies; understanding individual and group behaviour; the role and impact of nutrition education in the community; health promotion; promoting nutrition through the media; community services to elderly and minority groups; promoting nutrition in private healthcare; communication and interpersonal skills

ADVANCED CERTIFICATE IN CHILD AND ADOLESCENT NUTRITION

兒童及青少年營養學高等證書

Course code: HS004A Application code: 1765-HS004A

Objectives

On completion of the programme, students will be able to:

- > plan nutritionally balanced diets for healthy children so that their nutritional needs are met;
- > explain the principles of dietary modification for the prevention and treatment of nutrition related diseases and demonstrate their application
- > make scientific judgments on the accuracy of information about diet and common pediatric disorders;
- > evaluate various health promotion strategies and identify suitable nutrition focused activities targeting children and adolescents.

Programme outline

Module A - Nutrition for Children and Adolescents

Patterns of growth and development in children; dietary reference standards and nutrition requirements in infancy, toddler, childhood and adolescence; assessment of growth and nutritional status of children and adolescents; nutrition in infancy: advantages and disadvantages of breast & bottle feeding, introduction of solids and weaning; nutrition in childhood; nutrition and adolescence: special nutrition concerns; adolescent pregnancy; nutritional needs for exercise and sports; nutritional needs of the child athlete; vegetarianism; diet and oral health in children and adolescents; nutrition education programmes and health promotion – nutrition promotion for children and adolescents; tuck shop management and school meals including menu planning

Module B - Nutrition for Children and Adolescents with Special Needs

Obesity and overweight; underweight / failure to thrive; swallowing and feeding disorders in children; iron deficiency and anemia; nutrition and diet in childhood diseases; nutrition and autism; food intolerance and food allergy

Admission Requirements

Advanced Certificate in Nutrition

Applicants shall:

- I. a) hold a bachelor's degree awarded by a recognised university; or
 - b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; or
 - c) hold an HKCEE with Grade E in 4 subjects and with at least 5 years working experience; or
 - d) hold an HKDSE level 2 in 4 subjects with at least 4 years working experience; and
- II. provide evidence of English proficiency, such as:
 - a) have gained in the HKCEE Grade E or Level 2* in English Language (Syllabus B); or
 - b) have gained in the HKDSE Level 2 in English Language.

Mature students with at least 5 years working experience will be considered on an individual basis.

Advanced Certificate in Clinical Nutrition and Health Promotion / Child and Adolescent Nutrition Applicants shall:

- I. a) hold a bachelor's degree awarded by a recognised university; or
 - b) hold a Higher Diploma awarded by a recognised institution with at least 2 years working experience; or
 - c) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE; and
- II. provide evidence of English proficiency, such as:
 - a) have gained in the HKCEE Grade E or Level 2* in English Language (Syllabus B); or
 - b) have gained in the HKDSE Level 2 in English Language.
 - * With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 in English Language subject at HKCEE.
 - Students with no nutrition background are recommended to take the Advanced Certificate in Nutrition (HS001A) prior to commencing the Advanced Certificate in Clinical Nutrition and Health Promotion and Advanced Certificate in Child and Adolescent Nutrition.

- Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I/II short courses (SC398A and SC399A) prior to commencing the Advanced Certificate in Nutrition / Clinical Nutrition and Health Promotion / Child and Adolescent Nutrition.

Programme Assessments: Assessment for each certificate programme is based on a combination of coursework assignments and the final examination.

Teaching Staff: The programmes will be taught by registered dietitians, medical practitioners, and a panel of experienced and qualified experts and professionals in the field.

Mode of Delivery: The programmes will be delivered through face-to-face seminars and class-integrative discussions.

Medium of Instruction	English	
Time and Venue	Tuesdays and Fridays And some Saturday afternoons (for approximately 4 months) HKU SPACE Learning Centre (6:45pm – 9:45pm 2:30 pm – 5:30 / 6:30 pm usually Admiralty, Causeway Bay, Fortress Hill)

Course Fee

Programme	Advanced Certificate in Nutrition	Advanced Certificate in Clinical Nutrition and	Advanced Certificate in Child and Adolescent
		Health Promotion	Nutrition
Application fee:	HK\$150 (non-refundable)		
Course fee:	HK\$16,800 HK\$13,440 – Third Age Discount*	HK\$16,800	

^{*(}for anyone aged 50 and above should provide the HKID card copy)

Advanced Certificate in Nutrition	
Date of Commencement	16 Jul 2019
Deadline for Application	14 May 2019

Advanced Certificate in Clinical Nutrition and Health Promotion		
Date of Commencement	2 Jul 2019	
Deadline for Application	6 May 2019	

Advanced Certificate in Child and Adolescent Nutrition		
Date of Commencement	Jan 2020	
Deadline for Application	Nov 2019	

ADVANCED DIPLOMA IN SPORT AND EXERCISE NUTRITION / ADVANCED CERTIFICATE IN SPORT AND EXERCISE NUTRITION

Nutrition and diet are important for good health. More recently there is a growing interest in exercise and sport for its health benefits. A more active lifestyle is recommended for all. Recognizing the importance of both diet and exercise, the HKU SPACE Advanced Certificate/ Diploma in Sport and Exercise Nutrition programme has been developed.

This programme is designed for those persons involved in sport and exercise to enable them to acquire an in-depth knowledge of nutrition before, during and after sport and exercise and nutrition to maximise performance. It also provides a form of continuing professional development for doctors specializing in sport medicine, trainers, coaches, physiotherapists, PE and sports teachers and as continuing education for other interested individuals e.g. professional sports men or women.

All students will initially enroll on the Advanced Certificate in Sport and Exercise Nutrition programme. Upon successful completion, they may enroll on the Advanced Diploma in Sport and Exercise Nutrition programme. There will be no time limit for students choosing to further their studies from the Certificate to the Diploma level.

Programme Structure

Advanced Certificate in Sport and Exercise Nutrition

Module A: Basic Nutrition

Module B: Nutritional Requirements in Sport and Exercise

Module C: Nutrition Guidelines in Sport and Exercise



Advanced Diploma in Sport and Exercise Nutrition

Module D: Applied Nutrition in Sport and Exercise
Module E: Nutrition and Performance

Articulation

Students who successfully complete the Advanced Certificate in Sport and Exercise Nutrition together with Advanced Diploma in Food Business Management, Advanced Certificate in Human Biochemistry and Physiology, Advanced Certificate in Food Science and either Advanced Diploma in Child and Adolescent Nutrition or Advanced Diploma in Nutrition and other bridging courses are eligible to apply for the entry into BSc (Hons) Food and Nutrition extension programme offered by HKU SPACE in collaboration with the Ulster University, UK. (see page 3)







ADVANCED CERTIFICATE IN SPORT AND EXERCISE NUTRITION

運動營養學高等證書

Course code: HS020B Application code: 1735-HS020B

The Advanced Certificate in Sport and Exercise Nutrition programme (approximately 5 months) comprises Modules A, B and C. Students with relevant nutrition background (e.g. holders of the HKU SPACE Advanced Certificate in Nutrition or equivalent) may be exempted from Module A and will be determined on a case-by-case basis by the selection board.

Objectives

On completion of this programme, students should be able to:

- a) describe and evaluate the role of nutrition in sport and exercise;
- b) utilise knowledge of sports and exercise nutrition to evaluate suitable food choices to be consumed during sport and exercise;
- c) discuss the role of nutrition and exercise in the prevention of disease;
- d) integrate and apply the knowledge of nutrition to maximise performance of athletes;
- e) identify the varying nutritional requirements for sport and exercise for specific population groups e.g. females, children and elderly.

Programme outline

Module A - Basic Nutrition

Introduction to nutrition. Digestion, absorption, transport of nutrients, energy, protein, fat, carbohydrates, vitamins and minerals. Nutrition throughout the lifecycle; Nutrient analysis. Nutrition policy and food labeling and introduction to food safety.

Module B - Nutritional Requirements in Sport and Exercise

Health benefits of exercise. Energy metabolism and exercise. Protein, carbohydrates, fats, vitamin and minerals in sport and exercise -role, requirements. Fluid and electrolyte balance in sport and exercise. Nutrition in overtraining and burnout. Nutrition and blood formation, bone health and immunity.

Module C - Nutrition Guidelines in Sport and Exercise

Nutrition and exercise for the active female, child, adolescent, elderly and vegetarian. Managing body weight and eating disorders. Nutritional supplements and Chinese herbs and medicines in sport and exercise.

ADVANCED DIPLOMA IN SPORT AND EXERCISE NUTRITION

運動營養學高等文憑

Course code: HS011A Application code: 1765-HS011A

The Advanced Diploma in Sport and Exercise Nutrition programme comprises Modules A, B and C (Advanced Certificate in Sport and Exercise Nutrition) and an additional Modules D and E.

Objectives

On completion of this programme, students should be able to:

- a) describe and evaluate the role of nutrition in sport and exercise;
- b) discuss the role of nutrition and exercise in the prevention of disease;
- c) utilise knowledge of sports and exercise nutrition to evaluate suitable food choices to be consumed during sport and exercise;
- d) identify the varying nutritional requirements for sport and exercise for specific population groups e.g. females, children and elderly;
- e) integrate and apply the knowledge of nutrition to maximise performance of athletes;
- f) evaluate the use and role of nutrition and nutritional supplements in sport and exercise;
- g) explain the dietary modifications required during sport and exercise for those with special needs (.e.g. diabetics, G.I.);
- h) evaluate menu plans for suitability and ability to meet the nutritional requirements for sports and exercise.

Module D - Applied Nutrition in Sport and Exercise

Introduction to sport science (biomechanics, physiology, biochemistry and psychology); Nutritional assessment of athletes; Exercise prescription for special populations; Diet and exercise in disease (cardiovascular, respiratory, gastro intestinal and endocrine disorders); Critically evaluating dietary supplements, antioxidants and ergogenic aids; Communication and counseling; Menu planning and foodservice for sports; Nutrition and exercise in extreme temperatures and altitudes.

Module E - Nutrition and Performance

Nutrition for training, preparation and recovery; sleep nutrition; microbiome, nutrition and sports performance; Nutrition for the traveling athlete; Common injuries among athletes; Nutritional considerations during injury and rehabilitation; Impact of fasting on sports and exercise e.g. Ramadan; Doping control and banned substances; Strategies for losing, gaining and making weight for competition; Eating disorders and athletes; Nutrition and endurance; strength and skills events.

Admission requirements

Applicants shall hold:

- I. (a) a bachelor's degree awarded by a recognised university; or
 - (b) a Higher Diploma awarded by a recognised institution with at least 2 years working experience; or
 - (c) an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE;

and

II. provide evidence of English proficiency, such as

- (a) HKDSE Examination English Language at Level 2 or above;
- (b) HKCEE English Language at Level 2 from 2007-2011 or Grade E in English Language (Syllabus B) or Grade C in the case of Syllabus A before 2007.

Students with no science background are recommended to take the HKU SPACE Human Biology and Organic Chemistry I and II short courses (SC398A and SC399A) prior to commencing this course. Students should also consider taking the HKU SPACE Advanced Certificate in Human Biochemistry and Physiology course.

Medium of Instruction E	English	
A (1	Mondays and Thursdays And some Saturday afternoon (for approximately 5 months) HKU SPACE Learning Centre (A	6:45pm – 9:45pm 2:30pm – 5:30pm dmiralty, Causeway Bay, Fortress Hill)

Course Fee

Programme	Advanced Certificate in Sport and	Advanced Diploma in Sport and
	Exercise Nutrition	Exercise Nutrition
Application fee:	HK\$150 (non-refundable)	
Course fee:	HK\$15,800 (Cert – Module A, B, C) HK\$11,500 (Cert – with Module A exemption)	HK\$14,300 (Dip – Module D & E)

Advanced Certificate in Sport and Exercise Nutrition		
Date of Commencement 15 Jul 2019		
Deadline for Application	16 May 2019	

Advanced Diploma in Sport and Exercise Nutrition		
Date of Commencement	Jan 2020	
Deadline for Application	Dec 2019	

ADVANCED CERTIFICATE IN FOOD SCIENCE 食品科學高等證書

Course code: HS126A Application code: 1680-HS126A

Introduction

The food industry is one of the most important business sectors in Hong Kong and employs professionally trained food scientists who possess strong scientific skills, combined with an understanding of issues concerning food safety and testing. Thus, the demand from the food industry for graduates who can understand the rationale of the underlying principles of food science and its application to the technologies is growing. The Advanced Certificate in Food Science programme is designed to provide students with the knowledge of food science, including chemical and analytical aspects of food components, relation of microorganisms and food as well as principles of food processing and preservation techniques.

Programme Objectives

On completion of the programme, students should be able to:

- 1. examine and evaluate the impact of food-borne microorganisms in relation to health and disease.
- 2. identify, evaluate and analyse the properties and functions of major and minor food components.
- 3. evaluate and select appropriate techniques for the analysis of food components and nutrients.
- 4. evaluate and integrate the methods of food processing and preservation.
- 5. conduct experiments in food science by applying the knowledge and technique of food chemistry, analysis, processing and preservation.

Programme Outline

Module A - Food Microbiology and Food Safety

This module consists of:

- > Introduction to food microbiology
- Food microbiology and public health
- Microbiology of food commodities
- > Beneficial uses of microorganisms in food
- > Fermentation and enzyme technologies
- Methods for detection of foodborne organisms;
- Controlling the microbiological quality of foods

Module B - Food Chemistry and Analysis

This module consists of:

- Properties of major and minor food components
- Food additives
- > Food allergens
- Food colloids, emulsions, foams and gels
- ➤ Food enzymes & reactions
- Sensory evaluation

- ➤ Basic analytical skills for macro-nutrients and micro-nutrients
- > Rheology and texture measurement
- Thermal and color analysis
- Principle and applications of modern technologies
- Sensory analysis in product development

Module C - Food Processing and Preservation

This module consists of:

- Physical and chemical methods of food preservation
- Food packaging

Shelf life determination

Module D - Laboratory Practical in Food Science

This module consists of:

- A series of laboratory sessions which cover topics in Food microbiology,
- Food processing and preservation
- Food chemistry and analysis

Articulation

Students who complete the Advanced Certificate in Food Science programme and the relevant programmes offered by HKU SPACE are eligible for entry into the two years part-time BSc (Hons) Food and Nutrition programme offered by HKU SPACE in collaboration with the Ulster University, U.K.

Admission Requirements

Applicants shall:

- I. A) i) a) hold a bachelor's degree awarded by a recognised university; or
 - b) hold a higher diploma awarded by a recognised institution with at least 2 years related work experience e.g. food and catering industry; **and**
 - ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;

OR

- B) i) a) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
 - b) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience; **and**
 - ii) a) hold an Advanced Certificate in Nutrition; and
 - b) hold an Advanced Certificate in Food Service Management; and
 - c) hold an Advanced Certificate in Quality Control and Food Safety Management awarded within the HKU system through HKU SPACE or its equivalent

AND

II. provide evidence of English proficiency, such as

- A) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; <u>OR</u>
- B) HKDSE Examination English Language at Level 2;

AND

- III. A) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; OR
 - B) have a pass in the HKCEE Chemistry and Biology; OR
 - C) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

Medium of Instruction	English	
Award	A HKU SPACE Advanced Certificate in Food Science will be awarded to successful candidates.	
Time and Venue	Module A, B and C: Tuesdays and Fridays 6:45pm – 9:45pm; and some Saturday afternoons Module D: Saturday afternoons (Whole programme: for approximately 5 months) HKU SPACE Learning Centre (usually Admiralty, Causeway Bay, Fortress Hill)	

Course Fee

004180100		
Application fee:	HK\$150 (non-refundable)	
Course fee:	HK\$15,900	

Date of Commencement	9 Apr 2019
Deadline for Application	12 Feb 2019



ADVANCED DIPLOMA IN FOOD BUSINESS MANAGEMENT ADVANCED CERTIFICATE IN QUALITY CONTROL AND FOOD SAFETY MANAGEMENT ADVANCED CERTIFICATE IN FOOD SERVICE MANAGEMENT

Introduction

The food industry is one of the largest employers in Hong Kong. Future growth is expected with an increasing growth in tourism. This will result in an expansion of the food service industry and create an increase in demand for food management experts. This programme is designed to train and prepare students, who are working or planning to work in the food industry, to take up supervisory duties.

Programme Structure

The Programme will be offered on a part-time basis. It is made up of two separate certificate programmes with an overall study hours of 100 per certificate.

The two advanced certificate programmes are:

- Advanced Certificate in Quality Control and Food Safety Management
 (This advanced certificate is recognised by Food and Environmental Hygiene Department for Hygiene Managers under the Hygiene Manager Scheme)
- Advanced Certificate in Food Service Management

 (One of the modules has been included in the list of reimbursable course for CEF purposes)

Awards

Students may choose to enter either one of the certificate programmes and a HKU SPACE Advanced Certificate will be awarded to successful candidates. On completion of <u>both</u> advanced certificate programmes, students will be awarded an Advanced Diploma in Food Business Management, within the HKU system through HKU SPACE.

Students who have successfully completed the HKU SPACE Advanced Certificate Course in Quality Control and Food Safety Management will satisfy the requirements of Hygiene Managers under the Hygiene Manager Scheme of Food and Environmental Hygiene Department.

Articulation

Students who successfully complete Advanced Diploma in Food Business Management together with all required HKU SPACE programmes, namely Advanced Certificate in Human Biochemistry and Physiology, Advanced Certificate in Food Science, Advanced Certificate in Nutrition and any two of Advanced Certificate in Clinical Nutrition and Health Promotion, Advanced Certificate in Child and Adolescent Nutrition and/or Advanced Certificate in Sport and Exercise Nutrition and other bridging courses are eligible to apply for entry into the BSc (Hons) Food and Nutrition extension programme offered by HKU SPACE in collaboration with Ulster University, UK.



ADVANCED CERTIFICATE IN QUALITY CONTROL AND FOOD SAFETY MANAGEMENT 品質控制及食物安全管理高等證書

Programme code: HS024A Application code: 1760-HS024A

This programme has been recognised by the Food and Environmental Hygiene Department as equivalent to Hygiene Managers training course.

Remarks: Exemption on part of module A - Food Safety (Introduction to microbiology and the control of microorganisms in foods) will be given to students who have successfully completed the HKU SPACE Advanced Certificate in Nutrition or equivalent.

Objectives

On completion of the programme, students should be able to:

- evaluate the impact of foodborne microorganisms in relation to health and disease; a)
- utilise knowledge of food safety control system to monitor and review food safety and hygiene standard b) in a food service operation;
- integrate and apply knowledge of licensing requirement of the Hygiene Manager and Hygiene Supervisor c) Scheme to plan improvement initiatives in a catering department;
- d) employ HACCP principles to identify potential food safety hazard in a retail food establishment.

Programme outline

Module A -Food Safety

Introduction to microbiology and the control of microorganisms in foods; monitoring and testing of foods; food safety regulation and enforcement

Module B - Environmental Health and Food Hygiene Management

Introduction to food hygiene management; construction and design of food premises; licensing requirements and conditions on some common types of food licenses; pest control; food incident, complaint and response; personal hygiene; hygienic management of food.

Module C - Quality Assurance

Introduction to HACCP; quality improvement methods, regulations and processes; overview to ISO 9000/22000; occupational safety and health

ADVANCED CERTIFICATE IN FOOD SERVICE MANAGEMENT

飲食服務管理高等證書 Programme code: HS003A

One of the modules* has been included in the list of reimbursable course for CEF purposes.



Application code: 1735-HS003A

Remarks: Exemption on module A – Food and Nutrition will be given to students who have successfully completed the HKU SPACE Advanced Diploma in Nutrition / Child and Adolescent Nutrition.

Objectives

On completion of the programme, students should be able to

- describe and discuss the role of diet in health at different stages of the lifecycle and in various disease states:
- examine different operating practices, discuss and evaluate their implications on management in a b) foodservice operation;
- identify the roles and responsibilities of a manager and discuss the concepts of different management c) skills required in the context of a foodservice industry;
- d) integrate nutritional knowledge with managerial and personal skills and apply them to a foodservice operation.

Programme outline

Module A - Food and Nutrition

Introduction to food and nutrition; overview of nutrients and their functions; balanced diet; specific nutritional concerns in different sub-groups; introduction to disease specific nutrition.

Module B - Food Service System Management

Introduction to foodservice operations; food production flow; catering equipment and facility; menu planning; recipe development and standardization, ethical principles for foodservice management.

Module C - Basic Management Skills *

Overview of management skills; strategic planning and decision making; implications of customer behaviour, marketing and food Promotion; leadership and employee motivation; financial management; human resources management; labour relations management; interpersonal and communication skills, critical workplace skills and problem solving.

Admission Requirements

Applicants shall:

- a) have gained five passes in the HKCEE (including English Language at Level 2*) with at least 1 year related work experience e.g. food and catering industry; or
- b) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language with at least 1 year related work experience e.g. food and catering industry; or
- c) (i) be mature students over the age of 25 with extensive work experience; AND
 - (ii) provide evidence of English proficiency, such as HKCEE or HKDSE Examination English Language at Level 2*.

Programme Assessments

Assessment for each certificate programme is based on a combination of coursework assignments, presentation and the final examination.

Medium of Instruction	English	
Time and Venue	Mondays & Thursdays	6:45 pm – 9:45 pm
	And some Saturdays afternoon	2:30 pm – 5:30 / 6:30 pm
	(Whole certificate: for approximately 5 months)	
	(Site visits may be arranged in weekday's afternoon)	
	HKU SPACE Learning Centre (Usually Causeway Bay, Fortress Hill or North Point)	

Course Fee

Course I ce		
Programme	Advanced Certificate in Quality Control	Advanced Certificate in Food Service
	and Food Safety Management	Management
Application fee:	HK\$150 (non-refundable)	
Course fee:	(Whole certificate): HK\$15,800	
	(Cert with module A exemption): HK\$11,500	

Advanced Certificate in Quality Control and Food Safety Management	
Date of Commencement	2 Dec 2019
Deadline for Application	21 Oct 2019

Advanced Certificate in Food Service Management	
Date of Commencement	4 Jul 2019
Deadline for Application	7 May 2019

^{*}With effect from 2007, HKU SPACE recognises Grade E previously awarded for English Language (Syllabus B) (Grade C in the case of English Language (Syllabus A)) at HKCEE as an acceptable alternative to Level 2 at HKCEE.

Preference will be given to those who are recommended by employers.

Application Procedures

Human Biology and Organic Chemistry I / II

Interested candidates should apply by returning

- a) a completed application form (**SF26 Enrolment form;** *This form can be downloaded from HKU SPACE website or obtained from one of the Learning Centres*)
- b) relevant supporting documents
- c) a course fee (in a crossed cheque made payable to the "HKU SPACE".)

to Mr. Timothy Yeung at the School of Professional and Continuing Education, 13/F, Fortress Tower, 250 King's Road, North Point, Hong Kong.

Advanced Diploma / Certificate programmes

Interested candidates should apply by returning the special application form, together with relevant supporting documents (including copy of permanent HKID or valid working/dependent visa with original entry permit) and an application fee of HK\$ 150 (non-refundable) to either

1. By Post

the School of Professional and Continuing Education, 13/F, Fortress Tower, 250 King's Road, North Point, Hong Kong. (Attn: Ms. Judy Yeung) OR

2. In Person

any of the HKU SPACE Enrolment Counters (Attention: Ms. Judy Yeung, 13/F, Fortress Tower)

Please pay your fee by crossed cheque or bank draft made payable to the "HKU SPACE", or by EPS or credit card at any of the following enrolment counters:

Remarks:

As Hongkong Post adopted new postage rates on 1 January 2018, please make sure that sufficient postage is provided when you send us your supporting documents by post. For mails with postage underpaid, we shall return the mails to senders or ask them to pay for the shortage. Such actions may delay the processing of the applications concerned.

For new postage rates please refer to Hongkong Post https://www.hongkongpost.hk/en/postage_rate_2018/

1. Admiralty Learning Centre (Tel: 3761 1111)

3/F, Admiralty Centre, 18 Harcourt Road, HK.

2. Fortress Tower Learning Centre (Tel: 3762 0888) 1/F, Fortress Tower, 250 King's Road, North Point, HK.

3. Island East Campus (Tel: 3762 0000)

2/F, 494 King's Road, North Point, HK.

4. HKU Campus (Tel: 2975 5680)

3/F, T. T. Tsui Building, The University of Hong Kong, Pokfulam Road, HK.

5. HKU SPACE Po Leung Kuk Stanley Ho Community College Campus (Tel: 3923 7171)

1/F, HPCC Campus, 66 Leighton Road, Causeway Bay, H.K.

6. Kowloon East Campus (Tel: 3762 2222)

28 Wang Hoi Road, Kowloon Bay, Kowloon.

COLLEGE OF LIFE SCIENCES AND TECHNOLOGY

DIETETICS, FOOD AND NUTRITION

2 2975 5878 / 3762 0833

a 13/F., Fortress Tower, 250 King's Road, North Point, Hong Kong

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■judy.yeung@hkuspace.hku.hk

₼ Fax: 3104 9137

List of Awarding Programmes (2018/19)

Course Title	Course Code	Commencement Date	Application Deadline
Advanced Certificate in Food Science	HS126A	9 April 2019	1 March 2019
Advanced Certificate in Clinical Nutrition and Health Promotion	HS002A	2 July 2019	6 May 2019
Advanced Certificate in Food Service Management	HS003A	4 July 2019	7 May 2019
Advanced Certificate in Sport and Exercise Nutrition	HS020B	15 July 2019	16 May 2019
Advanced Certificate in Nutrition	HS001A	16 Jul 2019	14 May 2019
Advanced Certificate in Human Biochemistry and Physiology	HS005A	16 September 2019	15 July 2019
Advanced Certificate in Quality Control and Food Safety Management	HS024A	2 December 2019	21 October 2019
Advanced Certificate in Child and Adolescent Nutrition	HS004A	January 2020	November 2019
Advanced Diploma in Sport and Exercise Nutrition	HS011A	January 2020	December 2019
Human Biology and Organic Chemistry I (Short course)	SC398A / DFNS9012	2 December 2019	31 October 2019
Human Biology and Organic Chemistry II (Short course)	SC399A / DFNS9013	April 2020	March 2020



Course Title:		(Ap	plication Code: () – HS	A
PERSONAL PARTICULA			Name in	Chinese	
NAME IN FULL (Dr / Mr /	/ Ms / Miss)(Surname)	(First name)			
HKID/Passport No.	Ma	rital Status	Age		Sex F/M
Nationality	Date of Birth		Place of Birth		
Correspondence Address					
Iome Tel. No.	Office Tel. No		Mobile Phone No		
Occupation	Email address				
ACADEMIC QUALIFICA			tat copies of relevant Cert		he attached
Dates of attendance From To	Institution	Qualification obta Classification	nined, with	Subject	Date of Award
VORKING EXPERIENCE	CE (in descending chronological mployer	order) Position	From	Dates	То
Vill your employer pay your c	CE nutrition programmes before? course fees? I the course and state what you exp	No Yes		ume)ed for extra info	
Enter your name and addr	ess for correspondence in tripl	icate sections below.			
Name:	Name:		Name:		
	Address:				

Statement on Collection of Personal Data

- It is necessary for applicants to supply their personal data and to provide all the information requested in the application documents, as otherwise the School may be unable to process and consider their applications.
- 2. The personal data provided in this form will be used for processing your application for admission, and for registration, academic and administrative communication, alumni management and contacts, research, statistical and marketing (including direct marketing) purposes. The data will be solely handled by HKU SPACE staff but may be transferred to an authorised third party providing services to the School in relation to the above purposes and prescribed purposes as allowed by the law from time to time.
- 3. When the processing and consideration of all the applications for a particular programme have been completed: (a) the application papers of unsuccessful candidates will be destroyed (if you have indicated to receive our promotional materials in Paragraph 6 then your contact details and related papers would be retained for such purposes); and (b) the application papers of successful candidates will serve as part of the applicant's official student records and will be handled by HKU SPACE staff or by staff of an authorised third party providing services to the School in relation to the stated purposes. In all such circumstances, please be assured that any personal information you supply will be kept strictly confidential.
- 4. Upon enrolment, applicants will be required to submit a recent colour photo for student identification purpose.
- 5. The School will send urgent messages to students via Short Message Services (SMS) and supplement by other means such as email (if the need arises). It is therefore important that the mobile phone number and email address that the applicant provides are accurate. Any change should be reported to the School immediately. Those who have genuine difficulty in receiving urgent messages via SMS should contact the programme teams for separate arrangements.

Use of Personal Data related to Direct Marketing

6. From time to time, the School will send the latest updates and promotional materials to students and alumni on the availability of the programmes and courses, seminars and events, discounts and offers, clinics and other services as well as the alumni events, privileges and offers, networking opportunities and fund-raising initiatives through various communication channels such as direct-mail, email and mobile phone, by using your personal data (including, but without limitation to, your name, contact details and other information collected in your profile such as the programme(s) you enrolled, your graduation year etc). You always have the right to make subsequent changes on your choice of receiving further marketing materials by sending a written unsubscribe request (by email or by post) to the School at any time.

If you DO NOT WISH to receive our latest updates and promotional materials through the communication channels as stated above, including discounts and offers from time to time, please check this box. \rightarrow

- 7. Under the provisions of the Personal Data (Privacy) Ordinance, applicants have the right to request the School to ascertain whether it holds your personal data, to be given a copy, and to apply for correction of the data, if deemed incorrect. Applications for access to personal data should be made by using a special request form and on payment of a fee. Such applications for access of information should be addressed to the Data Protection Officer, HKU SPACE. For general requests of personal data amendment, please fill out the "Application Form for Personal Data Amendment" and submit it to HKU SPACE.
- For details on the School's policy on personal data (privacy), please refer to the School Prospectus or Website.

General Notes to Applicants

- 1. Enrolment can be done in person at any of the School's Enrolment Counters by completing this application form and submitting it with the appropriate fee and relevant documents. You can also mail to the "HKU School of Professional and Continuing Education, 13/F, Fortress Tower, 250 King's Road, North Point, Hong Kong (Attn: Dietetics, Food and Nutrition)", specifying "Programme/Course Application"
- Fees paid by crossed cheque or bank draft should be made payable to "HKU SPACE".
- 3. For general and short courses, applicants may be required to pay the course fee in cash or by EPS, Visa or MasterCard if the course will start shortly.
- 4. If admission is on a first-come, first-served basis and if you do not hear from us before the course starts, you may assume that your application has been accepted, and should attend the course as scheduled.
- 5. If admission is by selection, the official receipt is not a guarantee that your application has been accepted. We will inform you of the result as soon as possible after the closing date for application. Unsuccessful applicants will be given a refund of programme/course fee if already paid.
- 6. If you do not know the teaching venue within 3 days of the starting date of the course, please check with the relevant programme team.
- Fees paid are not refundable except as statutorily provided or under very exceptional circumstances.
- 8. Please refer to the HKU SPACE Prospectus and the official website for full details of enrolment procedures for HKU SPACE Programmes.

Notes to Non-local Applicants

To study in Hong Kong, all non-local applicants are required to obtain a student visa issued by the Immigration Department of the HKSAR Government, except for those admitted to Hong Kong for employment or as dependants, who do not need prior approval before taking up part-time studies. It is the responsibility of individual applicants to make appropriate visa arrangements. Admission to a HKU SPACE academic programme/course does not guarantee the issue of a student visa. Applicants may wish to note that part-time courses are generally not considered by the Immigration Department for visa purposes except for self-financed, part-time locally accredited taught postgraduate programmes awarded within the HKU System through HKU SPACE.

Declaration

- 1. I declare that all information given in this application form and the attached documents are, to the best of my knowledge, accurate and complete.
- 2. I authorise the School to obtain, and the relevant authorities to release, any information about my qualifications and/or employment as required for my application.
- I consent that if registered, I will conform to the Statutes and Regulations of the University and the rules of the School.
- 4. I have noted, understood and agree to the contents of the above notes, Statement on Collection of Personal Data and HKU SPACE policy on personal data (privacy).

Signature	簽署:	Date 日期:	
	University of Hong Kong School of Professional and Continuing	Education	香港大學專業進修學院

Post the completed form, together with the application fee and any required supporting documents to

HKU SCHOOL OF PROFESSIONAL AND CONTINUING EDUCATION

Dietetics. Food and Nutrition

13/F., Fortress Tower, 250 King's Road, Hong Kong (Attn: Miss Judy Yeung)

Cheques should be crossed and made payable to: "HKU SPACE" or "HKU School of Professional and Continuing Education"

The HK\$150 application fee is non-refundable and will cover the cost of processing your application.

Remarks:

Remarks:

As Hongkong Post adopted new postage rates on 1 January 2018, please make sure that sufficient postage is provided when you send us your supporting documents by post. For mails with postage underpaid, we shall return the mails to senders or ask them to pay for the shortage. Such actions may delay the processing of the applications concerned.

For new postage rates please refer to Hongkong Post https://www.hongkongpost.hk/en/postage rate 2018/

1. I	ncomplete	application	form will	not be	considered.
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- 2. Photocopies of required supporting documents should be attached.
- 3. Successful applicants will be notified of the result within 3 weeks after the closing date for application.
- 4. Applicants should note that simply meeting the minimum admissions requirements does not guarantee entry to a programme. Places are subject to availability and selection criteria, if any.

	Completed application form
[Photocopies of supporting documents
[Application fee
	Copy of Hong Kong Permanent Residence Identity Card or valid Visa (original entry permit)