



Advanced Certificate in Counselling

Programme Code: CS029A

Application Code: 2080-CS029A



CEF Reimbursable Course

This course has been included in the list of reimbursable courses under the Continuing Education Fund

This course is recognised under the Qualifications Framework (QF Level [4])

Introduction

This Advanced Certificate programme is a part-time programme primarily designed for those who are interested to acquire general knowledge in some of the key areas in Counselling. The programme is also suitable for practitioners in fields such as education, business, human resources, nursing, and public services etc. who are seeking to enhance personal or professional development. For degree holders (in a discipline other than counselling) who are considering further studies in the area of counselling, the Advanced Certificate programme will provide them with a good understanding of the discipline.

Entry Requirements

Applicants are expected to be holders of:

- 1) a recognized bachelor's degree in any discipline; or
- 2) an Associate Degree or a Higher Diploma or an Advanced Diploma in any discipline awarded by a recognized institution; or
- 3) an equivalent qualification.

Curriculum

Modules to be offered:

- ◆ Alternative Approaches to Counselling
- ◆ Developmental Psychology
- ◆ Introduction to Counselling
- ◆ Introduction to Psychology
- ◆ Micro-skills in Counselling
- ◆ Self-understanding and Communication Skills

Assessment

In general, assessment will be by coursework and written examination. The minimum attendance requirement is 75% for each module.

Programme Duration and Delivery Mode

The Advanced Certificate programme can be completed in two semesters on a part-time basis. The maximum registration period is three years. There are two intake per year: October and April. The tentative time schedule will be as follows:

Semester	Module to be offered (tentative)
April 2023	Introduction to Psychology
	Self-understanding and Communication Skills
	Developmental Psychology
October 2023	Introduction to Counselling
	Micro-skills in Counselling
	Alternative Approaches to Counselling

- QF Level 4 (Reg. no.: 10/000874/4; Validity Period: 12/10/2010 – ongoing)
- Applicants should be able to read & write in both English and Chinese.

Normally, classes will be held on Tuesday and Thursday evenings (Time: 6:45p.m. – 9:45p.m.) and/or Saturday afternoons (Time: 2:00p.m. – 6:00p.m.).

Medium of Instruction

English, all assignments and examinations must be written in English.

Fee(s)

HK\$16,000 (to be paid in 1 instalment)
Application Fee: HK\$150 (non-refundable)

Application Procedure

Applicants should submit i) *a completed application form (SF26)*, ii) *copies of academic certificates / transcripts*, iii) *a copy of HKID card or passport**, and iv) *an application fee of HK\$150 by crossed cheque (payable to “HKU SPACE”)* to the following address:

Ms. Karina Cheng
HKU SPACE,
Room 1109, 11/F, Fortress Tower,
250 King’s Road,
North Point,
Hong Kong
Re: “Application for Advanced Certificate in Counselling”

* Applicants will be asked to present their HKID cards or passports for verification if applying in person at one of the HKU SPACE enrolment counters, or to attach a copy of their HKID cards or passports if applying by post.

Application Closing Dates and Enquiries

1 March 2023
Enquiries: 2975 5655
Email: karina@hkuspace.hku.hk

Advanced Certificate in Counselling

輔導高等證書

Alternative Approaches to Counselling 另類輔導方法 (9 credits)

This course aims to introduce students to the theories and practice of selected alternative approaches to counselling, such as art therapy and play therapy*. These approaches not only complement the traditional mode of “talking” therapy, but will also expand students’ helping repertoire. Students will also be given the opportunity to experience the healing processes of the selected approaches.

*The approaches to be introduced may vary, depending on the specialties of the instructors.

Developmental Psychology 發展心理學 (9 credits)

This course introduces the major theories and concepts in the study of lifespan development: From infancy, childhood, adolescence, adulthood, to late adulthood. Special emphasis will be placed on the physical, cognitive, and social development at each of the developmental stage. The socio-cultural and environmental context within which individuals developed will also be discussed.

Introduction to Counselling 輔導入門 (9 credits)

This course introduces students to the major theoretical perspectives in counselling psychology. The emphasis will be on the basic assumptions of each perspective, the therapeutic process as well as the counselling skills involved. Students will further explore the ethical and contemporary issues in counselling psychology.

Introduction to Psychology 心理學導論 (15 credits)

This course introduces the basic principles of psychology and offers a preliminary survey of representative works carried out in various areas of psychological investigation such as: sensation and perception, learning, memory, cognition, language and intelligence, aspects of human behaviour and the dynamics of motivation. There will be an opportunity to investigate some specific areas at length.

Micro-skills in Counselling 輔導技巧工作坊 (9 credits)

Students will be divided into small groups to learn and practice micro-counselling skills*. This course puts special emphasis on experiential learning through skill practices, demonstration and role-play.

*The skills to be introduced include engagement, paraphrasing, empathy, reframing and so on.

Self-understanding and Communication Skills 人際溝通與自我認識 (9 credits)

This course aims to enable students to achieve self-understanding and self-awareness, and to develop their interpersonal communication skills. The content will cover processes and patterns of human communication, value clarification, self-exploration of strengths and weaknesses, and principles of effective interpersonal communication.