

## Certificate in Yoga Teacher Training 瑜伽導師訓練證書

HS175A / 2190-1312AW

YTT14

No.	Date	Yoga and Anatomy	
		9:00 - 14:00	
1	22/6/2024	5	
2	29/6/2024	5	
3	6/7/2024	5	
4	13/7/2024	5	
5	20/7/2024	5	
6	27/7/2024	5	
7	3/8/2024	5	
8	10/8/2024	5	
9	17/8/2024	5	
10	24/8/2024	5	
11	31/8/2024	5	
12	7/9/2024	5	
13	14/9/2024	5	
14	21/9/2023	5	
15	28/9/2024	5	
16	5/10/2024	5	
17	12/10/2024	5	
18	19/10/2024	5	
19	26/10/2024	5	
20	2/11/2024	5	
21	9/11/2024	5	
22	16/11/2024	5	
23	23/11/2024	5	
24	30/11/2024	5	
25	7/12/2024	5	
26	14/12/2024	5	
27	21/12/2024	5	
28	28/12/2024	5	
29	4/1/2025	5	
30	11/1/2025	5	
31	18/1/2025	5	
32	25/1/2025	5	
33	1/2/2025	5	
34	8/2/2025	5	
35	15/2/2025	5	Exam
36	22/2/2025	5	Exam
37	1/3/2025	5	Exam
38	8/3/2025	5	Exam
39	15/3/2025	5	Exam
40	22/3/2025	5	Exam
後備日	29/3/2025	0	
後備日	5/4/2025	0	
後備日	12/4/2025	0	
Total hours:		200	

**Time:** 9:00 - 14:00 (Every Saturday)**Venue:** 1101 Sports Lab, 11/F

Island East Campus

494 King's Road, North Point, Hong Kong